

**Red Cliff
Education
Division
Newsletter**

**Waabigwanii-Giizis
(Flower Moon)
May 2015**



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Family Fishing Day

Join us May 29, 2015 at 10am at the Red Cliff Tribal Fish Hatchery for the annual ECC Family Fishing Day. Families can do some fishing, fun activities and enjoy some delicious lunch. Don't forget to bring sun screen, fishing poles and mud boots. This event is open to Center base, home base, waiting list families, and all community members. Please bring the whole family and be prepared to have fun.



If you have any questions please call Cindy (ext. 253) or Jenny (ext. 257) at 779-5030.



Building Strong Families Class

The Red Cliff Early Childhood Center is hosting a four week "Building Strong Families" Class Wednesdays, April 29, May 6, May 20, and May 27 5:00pm to 7:00pm @ the ECC. This class is designed for parents and other adults who want to learn about their own strengths and build new ones within their families. This class is free and open to all ECC families. We will provide a meal and child care. If you have any questions or would like to reserve a spot please contact Cindy or Jenny. This event is sponsored by the Red Cliff Early Childhood Center and UW-Extension.

Special points of interest:

- Building Strong Families Class Weds. April 29, May 6, May 20, and May 27 5-7pm @ ECC
- Home Base Socialization May 8th at ECC
- ECC/Tribe Closed May 13th for Indian Day
- Policy Council mtg May 14th 12:30 @ MM Trailer
- Health and Disabilities Advisory Committee Mtg May 20th 2:30pm
- ECC/ Tribe and Bayfield Closed May 25th Memorial Day
- Parent Committee Mtg 2:15 May 27th
- Family Fishing Day May 29, 2015 10am- Noon @ Red Cliff Fish Hatchery



Waabigwanii-Giizis (Flower Moon) May 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Teacher Home Visit Month						
3	4 WIC Pick up *Tribal Council Mtg *GED 12:30-3:30	5 WIC Pick up	6 *Blood Drive *JOM mtg 4pm Building Strong Families 5-7pm @ ECC	7 Language Table	8 Home Base Socialization @ ECC	9
10 Mother's Day 	11 *WIC Pick up *School Board mtg *GED 12:30-3:30	12 WIC Pick Up	13 CLOSED Indian Day	14 *Gona Training 8:30-4pm @ LW *Policy Council mtg 12:30 @ ECC Language Table	15	16
17	18 Honors Banquet	19 Tribal Council Mtg Superintendent Coffee Chat 9:30 @ LaPointe Elementary	20 *Superintendent Coffee Chat 10am @ Lw *Housing Mtg *Health/disabilities mtg 2:30 @ Large Motor *Building Strong Families 5-7pm @ ECC	21 Superintendent Coffee Chat 10 @ Egg toss Language Table	22 *Youth Skills Camp @ Youth Center *Bayfield Closed or Snow Makeup Day	23 ANDI Game 6pm @ Bayfield School 
24	25 CLOSED Memorial Day Bayfield Closed	26	27 *Parent Committee Mtg 2:15 *2015 Baby Welcome @ LW *Building Strong Families 5-7pm @ ECC	28 Language Table	29 Family Fishing Day 	30
31	May 1	2	3	4	5	6

Agongos News

Home Based News

Waabigwanii-giizis

May 2015

No School
May 13th Indian
Day
May 25th
Memorial Day

**Building Strong Families
Strength in Times of Stress**

Three more Sessions

Wednesday's

May 6th

May 20th

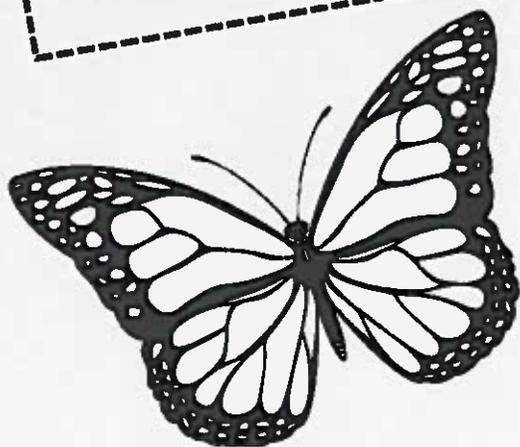
May 27th

Free Day care and a free meal included

Call to reserve your spot

Call Jennifer or Cindy

715-779-5030



Home Based Socialization

May 8th

(Activity to be announced)

Family Fishing Day

May 29th

Home Based Teachers

Call 715-779-5030

Amber ext. 237

Amaris ext. 238

Eugena ext. 236



Waabooz Room

We recently started going outside daily and the kids are loving it! At first they all stayed pretty close together but now they are all exploring every part of the playground

and enjoying making new friends. Its not warm enough to be in just a tshirt every day so just remember to please bring in the appropriate clothing for outside. Please bring in

at least 2 sets of clothes for your child they may get a little dirty outside or may just need the extra set for other reasons.

Thanks!
Caitlin, Maggie & Judy

No School

- Indian Day 13th
- Memorial Day 25th

Family Fishing Day!!!!
04/29

What we are up to now!!!!

Lola- loves to look at books!

Jon Jr.-loves to dig in the sand

Bryson- loves to crawl around the room and

pull to stand.

Brylee- loves to play on the slide.

Qiana- loves to explore the playground with new friends

Francis- loves to go up the big stairs.

Lexcia- loves to give all her friends hugs.

Kylie- loves to stack and bang toys together





Amik News

Waabigwanii-Giizis Flower Moon - May

Another month has come and gone in the Amik room and we are busy as ever. The kids seem to be growing by leaps and bounds! It is exciting to be a part of that growth and development.

The children displayed a genuine interest in animals. So we decided to focus on that during our learning experiences. They continue to

show interest in this topic so we will continue to focus on it. Here are some updates:

Avery - shows great interest in the concept of ownership
Izzy - loves being outside

Cecelia - is really catching on to our classroom routines

Maycee - Loves exploring puzzles

Zaylia - really knows

her animals in Ojibwemowin and can now identify a triangle

Walter - Loves to drum at pow wow each Thursday

Samara - Continues to use new words and phrases all the time.

Kendall - loves to play with the babies and play in the large motor room.

The learning never stops in here! :)

Pointing Out Print

We have connected our learning experiences with a focus on vocabulary and print. We use the method of "Pointing Out

Print" with them. This is something you can do at home as well. Print is all around us. We find it in our books, on signs

around town and our electronics. Simply pointing it out to your children is the beginning of many literacy skills to follow!

Amik Room

Beth and Corky

715-779-5030 ext 225

Special points of interest:

- ☺ Our weather has not completely turned to spring. Please remember to send your child in appropriate clothing every day, both indoors and outdoors.
- ☺ Don't forget to check your child's basket each day for notes from the center.

Ojibwemowin

Flower - Waabigwaan

It's raining - gimiiwaan

Spring - Ziigwaan

Cat - gaazhagens

Dog - Animoosh

Bird - bineshii

Frog - Omaakakii

Makwa Room

In the month of May we will be learning about rain, flowers, and gardening. We will also be adding some new things to our daily routines to get us ready for head start. Like practice tracing the letters of the alphabet each week, recognizing our colors, and identifying our shapes.

Ojibwe words of the month:

Red- miskwaa

Orange- wezaawiminagazid

Yellow- ozaawaa

Green- ozhaawashkwaa

Diamond- ashawe gakakaa

Oval- waawan

Circle- waawiiyeyaa

Rectangle- genwaa gakakaa



Tim is learning to tie his own shoes.

Myles is working on pedaling a trike outside.

Maycee is doing very well with her self-help skills.

Azalyn is working on her self-help skills a lot more.

Henry is doing very well at putting together puzzle and problem solving.

Loyalty is doing very well on learning how to pump her legs while on the swing.

Edward is doing a great job with following directions and cleaning up toys.

Delilah is working on her colors.

In the month of May we will be enjoying the outside weather as it begins to get nicer outside. So please make sure your child has extra clothes because the playground may be muddy at times.

Also, if your child has mud boots please bring them in as well.

Also, please remember that school starts at 8:00AM and if your child will not be here or if you're going to be late then please call and let us know. ☺

Have a great May and Happy Mother's day!!
Lacie & Teresa

Phone: 715-779-5030
Ext. 244

Happy Birthday:
Myles N-H – May 14

Reminder:
SCHOOL CLOSED
May 13 & May 25

Mother's Day:
May 10, 2015

ESIBAN ABIWIN

Volume 9, Issue 1
NADINE & KAREN

Newsletter Date MAY
Waabigwanii-Gilzis
Flower Moon

Classroom News...

Boozhoo...We have had a very busy month. The children enjoyed learning about pirates and the ocean and what lives in it.

We practiced with cutting, identifying letters and numbers, stringing, lacing and much more. The children are working

on identifying their letters in their name. Most can recognize their first letter and now we are having them match all the letters in their name. Practicing at home can be beneficial too!

We have been playing outside daily so **PLEASE** have your child dressed warm



yet. They still need boots, mitts and hats. MIIGWECH!!

Planning...

This month our theme will focus around POND, GARDENING and SPRING. Please be sure your child has mud boots because

we will be walking in the woods. We will continue on with self-help skills, turn taking and social skills.

REMINDER:
CLOSINGS:
MAY 13th
MAY 25th

PARENTS:

We will be contacting you to meet for a home visit this month.

Family Fishing at the end of the month so please look for a flyer to be out soon.

Brandy likes to string necklaces.

Manuel likes to play in the pirate ship.

Layla likes to jump in the puddles.

Nicholas likes to play with the sharks.

Robert likes to paint.

Adena likes to lace.

Michael likes to read books.

Kenyon likes to look for the buried treasures.

I am in Head Start/Early Head Start

I was not built to sit still,
Keep my hands to myself,

Take turns,
Be patient,
Stand in line,
Or keep quiet

All of the time.

I need: Motion, novelty, adventure,
And to engage the world with my whole body

Let Me play

(Trust me, I'm learning!)

Mashkodebizhiki Abiwin



Boozhoo. Spring is finally here and we are starting to see sand and sidewalks on the playground. Please remember to continue sending boots of some sort and snow pants so that everyone can play comfortably. It is also helpful if each child has an extra set of clothes due to the wet snow and sand. It won't be long and we will be applying sun block and eating freeze pops!



The month of May brings with it creepy, crawly things and gardening. We will be planting a classroom herb garden and flowers and vegetables in the outside planters. Worms and frogs will be abundant.

We have been working on our ojibwemoin
Gigiizhita ina? Are you finished
Aniin ezhiwebak agwaajiiing? What is the weather like?
Minikwe nibi? Drink water

**Enjoy the warmer weather and the
awesome sunshine!!**

We hope you enjoy ziigwan!!!

Ms. Jamie and Ms. J



BOOZHOO

The month of May is just around the corner and like they say “April showers brings May flowers 🌸”. The Ma’iingan children will be starting to plant, learning what is needed to help these plants grow and worms, bugs and more insects.

Teachings for this month will be learning more of the Ojibway colors, numbers, counting, animals, literacy, language, alphabets and letter recognition of their first name, and continuing work on the fine motor and gross motor skills.

Ms. Alicia and Ms. Patsy



Migizi Room

April showers bring May flowers!

This month we will be working on life cycles of some insects and some animals, rhyming words, number recognition 1-20, basic 2d shapes, how to write out letters of the alphabet (a few letters each week), how to be respectful (what is respect), what is a good choice/bad choice, calming our bodies down, safe and unsafe touches, how to wait your turn, not interrupt, and much more.

You as the parents are your child's first teacher!

"Take this moment and create the most pleasant experience of your life!" The Healing Drum

Dress your child accordingly to the weather each day. Please make sure they have extra clothes at school. Any questions please feel free to contact Miss Linda or Miss Diann 715-779-5030 ext 240.



Now Accepting Esiban Applications 2015-2016

The Esiban Room will have openings in the fall of 2015. This is a very unique classroom because it is a collaboration between the Early Head Start and Child Care Programs. If your child is accepted, they will be provided extended services for children Monday– Thursday through 4:30 p.m.

Requirements:

- ⇒ **Must complete the ECC Pre-Application Form (Need to check the highlighted box)**
- ⇒ **Demonstrate a high need for child care in the afternoon**
- ⇒ **If family is eligible for Wisconsin SHARES, parent/guardian needs to be in an employment status, or TANF worksite.**
- ⇒ **Self pay for the child is \$3.53, if not eligible for Wisconsin SHARES.**
- ⇒ **Require copies of parent/guardian work/school schedules**

The classroom hours are from 8:00 to 4:30, for children 18 months to 3 years old. The teachers are Nadine Cadotte, Karen Newago and Amber LaGrew.

All applications must be returned by July 10, 2015 to be considered. If your child is chosen for this classroom, we will make the initial notifications by telephone and then in writing by July 17, 2015.



Building Strong Families



Strength in
Times of Stress

All families face stress...and all families have strengths.

Family changes, financial stressors, and even the fast pace of busy schedules can all put a strain on families. Research shows that several traits can help families stay strong and thrive in times of stress. Respect, good communication, and family traditions are just a few of these strengths.

This class is designed for parents and other adults who want to learn about their own strengths and build new ones within their families. Through discussion, activities and practical take-home ideas, we'll explore eight traits of strong resilient families.

Four Sessions: Wednesdays, April 29, May 6, May 20, May 27

5:00-7:00 pm ■ Red Cliff Early Childhood Center

Free! ■ Child Care & Meal Included

**Space is limited! Register soon by calling Jennifer Bresette or Cindy Garrity @
715-779-5030.**

Sponsored by:

Red Cliff Early Childhood Center, UW-Extension

HOMEWORK HELP AVAILABLE IN RED CLIFF

Student's please bring your homework with!



Red Cliff Youth Center:

DAY & TIMES:

Tuesday, Wednesday, Thursday: 5:00p.m.—8:00 p.m.

Saturday: 12:00 p.m.—4:00 p.m.

Red Cliff Library (Located in the Tribal Administration Building formerly the old Clinic)

Wednesday & Thursday: 4:30p.m.—6:30 p.m.

CULTURAL ACTIVITIES

Red Cliff Youth Center:

DAY & TIMES:

Friday: 4:00p.m.—8:00 p.m.

Saturday: 12:00 p.m.—4:00 p.m.

**For more information contact the Red Cliff Education Department (715) 779-3700 ext. 4245
Activities sponsored by the Johnson O'Malley (JOM) Parent Committee**



**American
Red Cross**

BLOOD DRIVE

at the Bayfield High School

Wednesday, May 6th

9:00-2:00

**Call 1-800-RED-CROSS to make an
appointment. Walk-ins welcome too!!**

Circle of Care Project:

Red Cliff Band of Lake Superior
Chippewa, Education Division



"Everyone is of value in the community healing process..." (SAMHSA)

Who: Anyone who is concerned about our youth and the effects of alcohol and/or drug use in our community.

What: An interactive and informative meeting of what a Gathering of Native Americans (GONA) is. A community-based process for community healing and planning.

Presenter: Don Lyons, M.S.W.—Tribal Tech, LLC

Where: Legendary Waters Event Center

When: Thursday, May 14th, 2015

8 :30 am –4 pm Lunch will be provided

PLEASE RSVP: No later than **May 8th, 2015** to:

Angela Hernandez, Project Director at : 715-779-5030 extension 248

"Grass roots involvement is the key to prevention "

Community sponsor: : Zaagichigaazowin



presents



Youth Skills Camp

@ Red Cliff Youth Center

May 22nd 2015

Agenda

Registration 2:30pm

Youth Skills Camp and Informational Sessions

Ages 5-8 will run 3:00pm - 4:00pm

Ages 9-12 will run 4:00pm - 5:00pm

Ages 13-18 will run 5:00pm - 6:00pm

Each hour long session will include:

“Cool 2 B in School” Session; Provide information to youth the importance of being in school.

“Anti-Bullying” Session”; Provide information to youth the importance of anti-bullying.

“Stay Fitness Assembly”; Provide information to youth the importance of stay active and fit, along with providing basketball clinics to our youth in specific age groups:

(Only youth in age groups during specified times, all others may participate in a cook-out and other fun activities outside :)

7:00pm - 8:30pm: jam session and a non-competitive game between And1 and youth participants

Don't forget And1 game at Bayfield School Gymnasium @6:00pm pm May 23rd 2015



May 23rd

With

Red Stop Sovereignty Streetball

Bayfield High School Gym

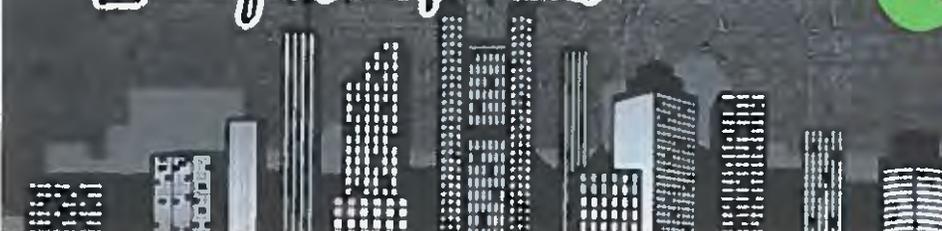
Doors Open: 5:00 pm

Game Begins: 6:00 pm

\$6 Per Person

\$1 off with donation of

2 non-perishable food items



Co-Ed



Volleyball 4 on 4



Fundraiser

Tournament

Sunday, May 24th, 2015

at Washburn High School from 9am - 12pm

For more information contact:

Duane Gasperini (715) 292-4848

DGasperini@washburn.k12.wi.us

Nickie Gasperini (715) 292-5164

\$2.5

Per

Team



WASHBURN

WENDY

WLN

The Red Cliff Community Health Center's Zaagichigaaowin Home Visiting

SAVE THE DATE

2015

Baby Welcome

Place: Legendary Waters

Date: Wednesday, May 27

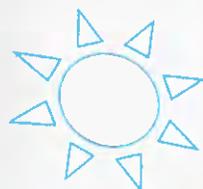
Time: TBA

~More details will follow~

Please RSVP to Jennifer Bouley 715.779.3707 ext. 2268 if you have welcomed a new baby into your family as of January 1, 2014. We will be honoring all families with new babies born on or after January 1, 2014. Your RSVP will help us to ensure we have enough gifts for all our new families. More details to follow. Miigwech!

Attention

Red Cliff Community



Winner will receive \$100 and a button.

The RCHA is holding a contest for 2015 button logo for the 37th Annual Traditional Pow-Wow.

All ages are welcome to participate.

**Items that need to be included on the button
Red Cliff 37th Annual Traditional Pow-Wow
July 3,4,5 2015
No theme this year, so do your best to represent Red Cliff as you see it.**

*Deadline
Friday May 29,
2015*

*You can submit your designs to the Red Cliff Housing Office or you can send them
To
Mercie Gordon @ mgordon@redcliffhousing.org
Or Angie Emrich @ aemrich@redcliffhousing.org*

ECC Family Fishing Day



Friday, May 29, 2015

10:00 a.m at the Red Cliff Fish Hatchery
Hwy 13 N. (Past Casino about 2 miles)

Lunch Provided will be provided

If you have any questions please contact Cindy
(ext. 253) or Jenny (ext. 257) 779-5030

***Don't forget your bug spray,
sun screen, boots and fishing pole.***

Red Cliff Youth Center



Hours of Operation

Sunday & Monday- CLOSED

Tuesday- 3:30 PM to 8:00 PM

Wednesday- 3:30 PM to 8:00 PM

Thursday- 3:30 PM to 8:00 PM

Friday- 3:30 PM to 8:00 PM

Saturday- 12:00 PM to 8:00 PM

Note: Hours stated above may change due to Special Events or Holidays...MIIGWECH!

Youth Center

May 2015 Zaagibagaa-Giizis-(Flower Budding Moon)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Adult Open Gym 9a-12noon	4 Closed	5  Cultural Night 5PM Open Gym 6-8pm	6  HS Open Gym 6-8pm	7 MS Open Gym 4p-6p NATIVES 101 5:30-6:30 PM	8 	9 Crafting with RCMP Cops 2-4pm
10 Mother's Day Closed	11 Closed	12  Cultural Night 5PM Open Gym 6-8pm	13  Indian Day closed	14 MS Open Gym 4p-6p NATIVES 101 5:30-6:30 PM	15 Movie Night In Game Room 6-8pm	16 Swimming @ Pool 12-3pm Crafting with RCMP Cops 2-4pm
17 Adult Open Gym 9a-12noon	18 Closed	19  Cultural Night 5PM Open Gym 6-8pm	20  HS Open Gym 6-8pm	21 MS Open Gym 4p-6p NATIVES 101 5:30-6:30 PM	22  Youth Skills Camp @ youth center with And1 Team	23  @Bayfield School 5pm Youth Center CLOSED
24 Adult Open Gym 9a-12noon	25 Closed	26 Closed	27  HS Open Gym 6-8pm	28 MS Open Gym 4p-6p NATIVES 101 5:30-	29 Movie Night In Game Room 6-8pm	30 Swimming @ Pool 12-3pm Crafting with RCMP Cops 2-4pm
31 Adult Open Gym 9a-12noon		 Tutoring 5-8pm	 Tutoring 5-8pm	 Tutoring 5-8pm		***Every Tuesday, Wednesday and Thursday***

TUTORING

When: Tuesday through Friday
4:00-5:00 pm



Any questions, call Nathan or Krystle (715) 779-3722



Red Cliff Youth Center Cultural Night

Drumming
Dancing
Crafting
Teaching



Storytelling
Singing
Dancing
Drumming

Every Tuesday Night starting at 5 PM

Each Night's Activities may be different from week to week.
If you have any questions, please feel free to contact Krystle or Nathan at Red Cliff Youth Center- 715-779-3722



Natives 101

WHO?
ALL YOUTH
AGES 13-18

WHERE?
RC YOUTH CENTER

WHEN?
EVERY THURSDAY
5:30 - 6:30PM

WHY?
TO LEARN ABOUT
NATIVE STUFF
THAT DOESN'T MAKE IT
INTO HISTORY BOOKS

FROM

Treaty making

TO

CASINO BUILDING

Food For Thought
and Snacks too

Knowledge is Power

Crafts with Cops



Every Saturday

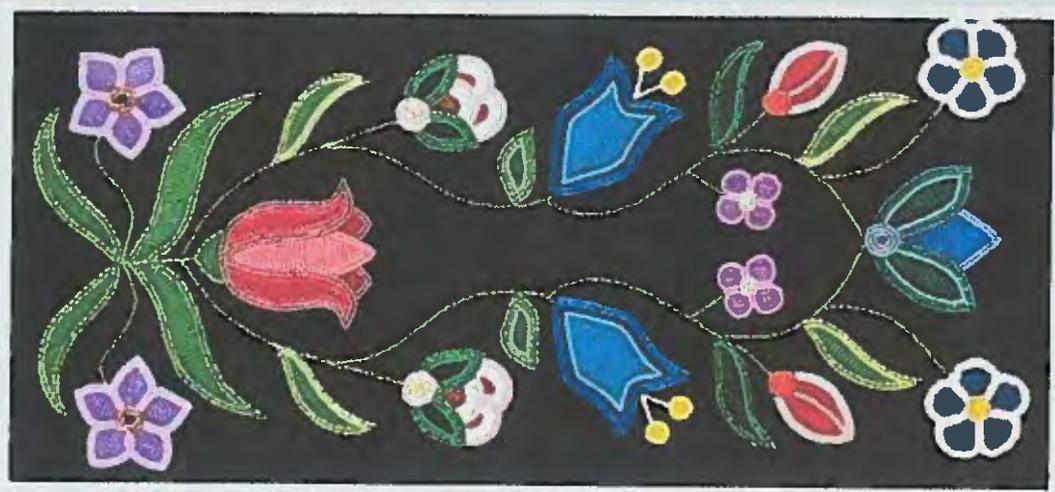
Time: 2:30 PM-4:30 PM

Where: Red Cliff Youth Center

Join us for craft activities with Officer Hayley Nye from the Red Cliff Police Department. Activities will include loom beading, applique beading, dream catcher making and much more! All experience levels welcome :)

Sponsored by: Red Cliff Police Department & Red Cliff Youth Services

For questions, please contact: Krystle Topping or Nathan Gordon for more details
@715.779.3706 office 715 779.3722 youth center



SAVE THE DATE

**The Red Cliff Tribe will be holding it's
37th Traditional Pow-Wow on
July 3, 4, 5, 2015
at our *"NEW POW-WOW GROUNDS"***

Vendors, please contact Jeanne Gordon at

jean.gordon@redcliff-nsn.gov

Or call 715-779-3700 ext. 4227

WITC GED/HSED & Adult Education



MAY 2015

Red Cliff

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

Spring Classes End May 11, 2015
 Classes resume in September for Fall Semester

1



3	4 Class Today 12:30-3:30	5	6	7	8	9
10	11 Last Class Today 12:30-3:30	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

If you are interested in attending GED/HSED classes or need extra brush-up on Math, Reading, or Language skills, please contact Sue Hopkins or Theresa Beckman to enroll

Call WITC—Ashland Campus (715)682-4591

Ext. 3118 - Sue Hopkins or

Ext. 3430 - Theresa Beckman (Red Cliff Instructor)

Enroll in class any time throughout semester!

FREE!

but reserve your spot!



Party!

EVERY FIRST
MONDAY OF
THE MONTH!

Monday, June 1 – I LOVE DAD at the Co-op **3:30 - 5 p.m.**

Monday, July 6 – ANIMAL FUN at the Co-op **3:30 - 5 p.m.**

Saturday, July 18 – KID'S DAY at Ashland Area Farmer's Market **8 a.m. - noon**

Monday, August 3rd – SUMMER BLAST at the Co-op **3:30– 5 p.m.**

Drop in for these parent child activities that focus on providing a nutritious snack combined with a fun activity. Everyone is invited and parental supervision is required. Registration encouraged, supplies are limited.

Please call Customer Service at (715) 682-8251 to sign up.

Co-op Events May 2014

Cheeky Monkey Party: I ♥ Mom

Monday, May 4th • 3:30 – 5 p.m.

FREE, but reserve your spot! • At the Co-op Community Room

Bring the kids in for an afternoon of fun making quichelettes and a gift for Mom.

Open house. Parental supervision required.

Essential Oil Gifts Workshop

Thursday, May 7th • 6 – 7 p.m.

Instructor: Linsey Abel, doTerra Wellness Advocate

Class fee: \$20/15 owners • At the Co-op Community Room

Whether you're coming to make gifts or sharing a fun night with your mom, you'll be in for a treat.

Linsey Abel will share her relaxation tips using essential oils while helping participants create their own take home gifts including sugar scrubs, bath salts, lotions, and perfumes.

CANCELLED

Expanded Description

Linsey Abel will share her relaxation tips using essential oils while helping participants make their own take home gifts including sugar scrubs, bath salts, lotions, and perfumes. Linsey is a Wellness Advocate for doTerra products and says that essential oils have become her primary "go to" for all things health, mood and cleaning related. Linsey will also share her experience with doTerra products and provide more information to anyone wanting to learn more.

French Macarons

Saturday, May 9th • 9 – 11 a.m.

Class fee: \$20/15 owners • At the Co-op Community Room

Instructor: Kealy White, Ashland Baking Co. Pastry Chefs

Join us for this lovely morning class making these petite meringue cookies. Pastry Chef Kealy White will demonstrate the steps needed to achieve the delicate balance between a colorful, crisp shell and the creamy, delicious fillings. Coffee is served with this morning class.

All recipes are naturally gluten free.

Gluten Free Festival

Monday, May 11th

Free samples in-store all day.

Gluten-Free For All Tasting 4 – 6 p.m.

FREE • At the Co-op Community Room

Come by to sample our specialty gluten free products and vote on your favorites.

Beer samples while supplies last and only with valid identification.

Spring Herbal Tonics

Wednesday, May 13th • 6 – 7:30 p.m.

Instructor: Charlotte Leitzman, Co-op Deli Assistant

FREE, but reserve your spot! • At the Co-op Community Room

After a long season of heavy food and less activity, our bodies may need a little help with their own "spring cleaning." This class will focus on locally available, gentle plants that help support detoxification. We will discuss identification, harvesting, preparations, and medicinal uses. Charlotte has been studying herbalism and wild crafting her own medicines for several years and is eager to share her experiences. She is especially excited about the plants we can find growing in our own backyards!

Permanently Resolve Back Pain Naturally

Thursday, May 14th • 6 – 8 p.m.

Instructor: Julie Casper, L. Ac., C.H.E.K. Certified

FREE, but reserve your spot! • At the Co-op Community Room

Interested in learning how to resolve and prevent back pain yourself, naturally? Join Julie Casper, a licensed acupuncturist and internationally recognized corrective exercise therapist as she shows us simple practices that you can do at home to reduce or eliminate muscle and joint pain.

Wilderness Cooking

Saturday, May 16th • 10 a.m. – 12 p.m.

Instructors: Lee Stadnyk, Co-op Board of Directors, and Dan Bloomquist, Co-op Owner

Class fee: \$10/\$7 owner • At the Co-op Community Room

Planning any camping trips this summer? Curious about how to cook delicious food outdoors? Lee and Dan are excited to share some of their favorite tips and recipes including: Thai peanut noodles, spaghetti carbonara with broccoli and even how to bake scones! Please dress for the weather- we plan on cooking and eating outside. Participants are encouraged to bring their own camp cookware if available.

Community Cooks: Greens Everyday

Thursday, May 21st • 5:30 – 7:30 p.m.

Instructor: Hannah Sorensen, Co-op Bakery Assistant Manager

FREE, but reserve your spot! • At the Co-op Community Room

Looking for a delicious way to sneak greens into your day? Co-op Deli Assistant, Hannah is excited to demonstrate her easy, tasty recipes that will boost your Vitamin A, C and Calcium levels. This free monthly class covers hands-on cooking techniques, various recipes to build your skills, and ends with a light meal.

Flavorful Foods: Support for Inflammatory Digestive Diseases

Tuesday, May 26th • 6 – 7:30 p.m.

FREE • At the Co-op Community Room

Heather Hooker- Gust is looking wants to form a support community and sharing her favorite flavorful low-residue recipes. This is a monthly recurring group with recipes suitable for people with inflammatory digestive diseases such as Crohn's, Colitis, Celiac Disease and IBS.

Whats happening at the Bayfield Rec Center

Martial Arts Beginner Class

with Instructor Brittany Schmitt

May 9th-June 4th, No class the 23rd, Test day Thursday, June 5 @ 5pm

Saturdays 10-11 am and Tuesdays 5-6 pm

Martial Arts helps improve reflexes and coordination, instills a positive attitude, builds confidence and self-esteem as well as improving concentration. Students will learn the basic kicks, punches, blocks and self defense techniques. **Join Martial Arts today! All ages welcome!**

This comprehensive beginners package includes: a uniform, belt, first month of classes and first belt promotion all for \$45. Financial assistance is available.

Red Cross Swimming Lessons

with Brittany Schmitt

Mondays and Fridays, April 20-May 15 No class May 1

Level 1: 5:15-5:45 pm Students explore and learn basic aquatic skills.

Level 2: 5:45-6:15 pm Students will successfully use primary skills and start developing aquatic locomotion.

Level 3: 6:15-6:45 pm Students develop stroke readiness including elementary backstroke, treading water and diving.

Level 4 and Level 5: 6:45-7:30 pm Students will build confidence and improve strokes including breaststroke, sidestroke, and turns in level 4. In level 5, students refine their performance of all strokes and increase their distances.

Members \$57, Non-members \$68, Financial Assistance is available!

Community CPR

with Red Cross instructor Brittany Schmitt

Re-cert Saturday May 16 5:30pm

Full Course Saturday May 16 from 12:00-5pm

Need a Red Cross certification or re-certification? AED, First Aid and Child and Infant CPR can be taught if needed.

Learn a skill to save a life. Min of 6

Full certification - Members \$40, Non Members \$45

Lifeguarding Training

Friday May 22 from 4-9 pm, Saturday May 23 from 8-8 pm,

Sunday May 24 from 8-5 pm

Recertification only - Sunday June 14 from 8am-5pm

If you are interested in becoming a lifeguard or simply need to get your certification renewed, then this is the class for you. Learn all the skills necessary to become a Red Cross certified lifeguard in only a weekend!

Full Course Rec Center candidates \$49 plus 3 training shifts, outside candidates \$159 Minimum of 6 Recertification \$50

Your voice is the most important.
 Anyone who is concerned about our youth, mental health and the effects of alcohol and /or other drug use in our community.



This project is being offered in Collaboration with SAMHSA



Circles of Care

A project of
 The Red Cliff Band of Lake Superior Chippewa,
 Education Division

Project Director

Angela Hernandez—715-779-5030 ext. 248
angela.hernandez@redcli-nsn.gov

Family Engagement Coordinator:

Katherine Morrisseau—715-779-5030 ext. 261

Youth Engagement Specialist —715-779-5030

MAIN OFFICE LOCATED

@ RED CLIFF EARLY CHILDHOOD CENTER



A project of
 The Red Cliff Band of Lake Superior Chippewa,
 Education Division



Circles of Care

To reaffirm that everyone is of value in the community healing process.

**MAIN OFFICE LOCATED
 @ RED CLIFF EARLY CHILDHOOD CENTER**

Grass roots

involvement is the

key to prevention

What is the Circle of Care Project?

A community-based process for community healing and planning.



The purpose of the Circle of Care Project is to help us understand the best ways to promote culturally appropriate mental health and substance abuse service system evaluation, utilizing the Red Cliff community's voice as the expert.



The overall goal is to merge generational, professional and overall community perspective regarding the mental health and substance abuse needs of the Red Cliff population, age birth to 25.

What are our Cultural Values?

The Seven Grandfather Teachings of the Anishinaabe

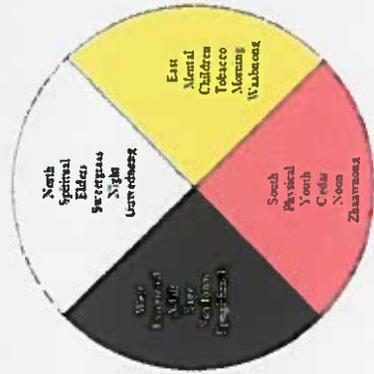
- Nibwaakaawin—Wisdom
- Zaag'idiwin—Love
- Minaadendamowin—Respect
- Aakode'ewin—Bravery
- Gwayakwaadiziwin—Honesty
- Dabaadendiziwin—Humility
- Debwewin—Truth

How can you help the community with this project? You can answer the following questions!

What is a healthy Anishinaabe Child?

What is a healthy Anishinaabe Family?

What is a healthy Anishinaabe Community?



A project of The Red Cliff Band of Lake Superior Chippewa.

Red Cliff Circles of Care Project Director; Angela Hernandez
Red Cliff Early Childhood Center
88385 Pike Road
Bayfield, WI 54814
Phone: 715-779-5030 ext. 248
Fax: 715-779-5046

Mino-bjmaadiziwin, LLC

Need a Ride? We can help.

Michelle Lee helps people with transportation barriers and can teach trip planning, travel training and can give assistance with travel.

Mobility Management

helping you get your ride

Covering four counties (Ashland, Bayfield, Iron & Price), Michelle Lee is here to help you find a ride. Based in Ashland, Michelle helps people and communities to meet their transportation needs. Partnering with all providers in the area, Michelle focuses on using public transit, volunteer driver programs, and expanding both public and private services already available.

**She can help you understand, she can help you get a ride,
and she can ride with you to help your independence.**

Call Michelle Lee

Michelle Lee, Wisconsin Department of Transportation
Certified Mobility Manager

(715) 682-9664



New Directions in Transportation

New Freedom (49 U.S.C. § 5311/CFDA-20.509) is funded up to 80% through the Federal Transit Administration.

American Indian Science Scholars Week

July 12 - 22, 2015

MILWAUKEE PUBLIC MUSEUM



Now 10 Days!

A no-cost educational event held at the University of Wisconsin Milwaukee for Native American high-school students:

- *Hands-on Sessions
investigative lab research experiences, blood typing, DNA necklaces, and more!
- *Bio-Hazard outbreak
- *Educational field trips to multiple campuses
- *Room and board at UW-Milwaukee dorm included
- *Cultural Activities (Sweat Lodge & Tobacco Pouches)
- *Milwaukee Brewers Game

For more information:

Brian Jackson/Amy Poupart
Great Lakes Inter-Tribal Council
GLNARCH Student Development Program
bjackson@glitc.org / apoupart@glitc.org
800-472-7207 ext. 118 or 177
PO Box 9
Lac du Flambeau, WI 54538

Website: <http://www.glitc.org/narch/index.html>

Sponsored by: Great Lakes Native American Research Center for Health through funding from Forest County Potawatomi Foundation

Forest County
Potawatomi
FOUNDATION



UWM
UNIVERSITY OF WISCONSIN
MILWAUKEE

Application Form
University of Wisconsin-Milwaukee
Great Lakes NARCH

American Indian Science Scholars Week: July 12 - 22, 2015

Name _____
Mailing Address _____
City/State/Zip _____ Phone Number(s) _____
Email Address _____ High School _____
Date of Birth _____ Year of Graduation _____
Tribal Affiliation _____ T-shirt size _____

1) Which areas interest you the most? (please rank at least #1 through #4)

<input type="checkbox"/> Audiology/Speech	<input type="checkbox"/> Environmental Health	<input type="checkbox"/> Occupational Therapy
<input type="checkbox"/> Biochemistry	<input type="checkbox"/> Laboratory Sciences	<input type="checkbox"/> Physical Therapy
<input type="checkbox"/> Biology	<input type="checkbox"/> Immunology	<input type="checkbox"/> Physics
<input type="checkbox"/> Chemistry	<input type="checkbox"/> Medicine	<input type="checkbox"/> Pharmacy
<input type="checkbox"/> Computer Science	<input type="checkbox"/> Nursing	<input type="checkbox"/> Veterinary Medicine
<input type="checkbox"/> Other _____		

2) Your favorite subjects in school (please rank at least top 3)

<input type="checkbox"/> Art	<input type="checkbox"/> Choir	<input type="checkbox"/> Physical Education
<input type="checkbox"/> Band	<input type="checkbox"/> Computer Science	<input type="checkbox"/> Physics
<input type="checkbox"/> Biology	<input type="checkbox"/> English	<input type="checkbox"/> Social Studies
<input type="checkbox"/> Business Education	<input type="checkbox"/> Foreign Language	<input type="checkbox"/> Speech
<input type="checkbox"/> Chemistry	<input type="checkbox"/> Math	<input type="checkbox"/> Technology Education
<input type="checkbox"/> Other _____		

3) Reason for participating in the WI American Indian Science Scholars Week (please rank all applicable)

Love science
 Sounds like fun
 Recommended by teacher/guidance counselor
 Recommended by former participant
 Want to learn more about the various fields in biomedical sciences
 To meet others with similar interests
 To work with college faculty and get feel for college atmosphere
 Enjoy doing hands-on experiments
 Saw the flyer—looked interesting
 Mom/Dad is making me do this
 Other _____

4) Imagine you are on a game show and the host asks you "tell us a little something about yourself". What would you say? (Please use the back of this sheet for your response.)

5) Do you need transportation? _____

Signature of Student _____ Date _____

Please send to:

Brian Jackson or Amy Poupart
Great Lakes Inter-Tribal Council
PO Box 9

Lac du Flambeau, WI 54538

bjackson@glite.org or apoupart@glite.org

Phone: 800- 472-7207 ext. 177

Fax: 715-588-3607

****Student should be an entering sophomore and maintain a 2.5 GPA or higher. We will make exceptions to those guidelines, as space allows.**

Application review begins June 1

10 tips

Nutrition Education Series

be food safe

10 tips to reduce the risk of foodborne illness



A critical part of healthy eating is keeping foods safe. Individuals in their own homes can reduce contaminants and keep food safe to eat by following safe food handling practices. Four basic food safety principles work together to reduce the risk of foodborne illness—**Clean, Separate, Cook, and Chill**. These four principles are the cornerstones of Fight BAC!®, a national public education campaign to promote food safety to consumers and educate them on how to handle and prepare food safely.

CLEAN

1 wash hands with soap and water
Wet hands with clean running water and apply soap. Use warm water if it is available. Rub hands together to make a lather and scrub all parts of the hand for 20 seconds. Rinse hands thoroughly and dry using a clean paper towel. If possible, use a paper towel to turn off the faucet.

2 sanitize surfaces
Surfaces should be washed with hot, soapy water. A solution of 1 tablespoon of unscented, liquid chlorine bleach per gallon of water can be used to sanitize surfaces.

3 clean sweep refrigerated foods once a week
At least once a week, throw out refrigerated foods that should no longer be eaten. Cooked leftovers should be discarded after 4 days; raw poultry and ground meats, 1 to 2 days.

4 keep appliances clean
Clean the inside and the outside of appliances. Pay particular attention to buttons and handles where cross-contamination to hands can occur.

5 rinse produce
Rinse fresh vegetables and fruits under running water just before eating, cutting, or cooking. Even if you plan to peel or cut the produce before eating, it is important to thoroughly rinse it first to prevent microbes from transferring from the outside to the inside of the produce.



SEPARATE

6 separate foods when shopping
Place raw seafood, meat, and poultry in plastic bags. Store them below ready-to-eat foods in your refrigerator.

7 separate foods when preparing and serving
Always use a clean cutting board for fresh produce and a separate one for raw seafood, meat, and poultry. Never place cooked food back on the same plate or cutting board that previously held raw food.

COOK AND CHILL

8 use a food thermometer when cooking
A food thermometer should be used to ensure that food is safely cooked and that cooked food is held at safe temperatures until eaten.



9 cook food to safe internal temperatures
One effective way to prevent illness is to check the internal temperature of seafood, meat, poultry, and egg dishes. Cook all raw beef, pork, lamb, and veal steaks, chops, and roasts to a safe minimum internal temperature of 145 °F. For safety and quality, allow meat to rest for at least 3 minutes before carving or eating. Cook all raw ground beef, pork, lamb, and veal to an internal temperature of 160 °F. Cook all poultry, including ground turkey and chicken, to an internal temperature of 165 °F (www.isitdoneyet.gov).

10 keep foods at safe temperatures
Hold cold foods at 40 °F or below. Keep hot foods at 140 °F or above. Foods are no longer safe to eat when they have been in the danger zone between 40-140 °F for more than 2 hours (1 hour if the temperature was above 90 °F).

turn
Off
the tv

turn on play

Kids can learn by watching TV, videos and using the computer. But kids also need time for physical activity to ensure healthy development.



What you can do at

home

If you limit time spent viewing TV, videos and the computer your kids will have more time for fun, healthy activities like jumping rope, swinging or playing hide-and-seek with their friends.

Parents are the most important role model for their children. If you're healthy, they'll be healthy too.

When you play with your kids, whether it's playing a game, sports or even dancing, the healthier they'll be. And the closer you'll become as a family.

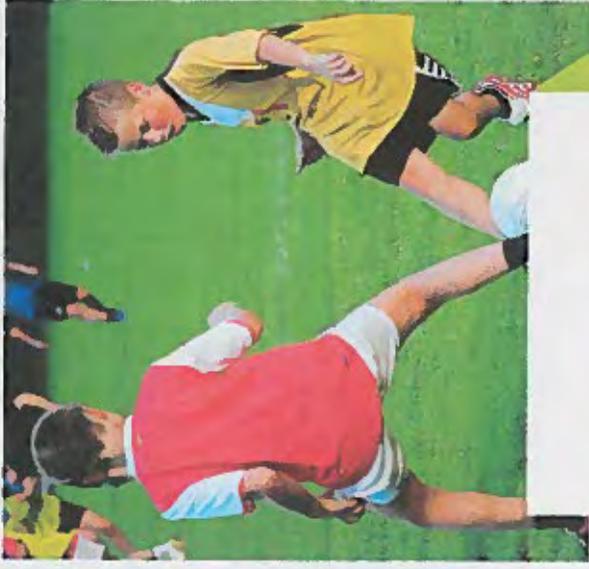
What to look for in a

child care program

Child care programs should set strict limits for TV, video viewing and computer use.

All TV and video programs should be previewed to make sure they're age-appropriate and educational.

Children attending a child care program for four or more hours a day should have at least 60 minutes of physical activity per day.



What happens when my child spends too much time watching TV, videos and the computer?

1. Attention span is less.
2. There is less time to play with other children and learn to share.
3. Sleep problems may happen, especially when there is a TV in the child's bedroom.
4. There is less time to spend with you.

Funded by the CDC and USDA's WIC program



BICYCLE SAFETY

What Every Parent Should Know

Bicycling is fun, it helps us keep fit, and it gives us mobility. For kids, the bicycle is their first vehicle, a source of pride — and an important way to get around. In addition, bicycling is generally a safe activity. But, when bicyclists make basic mistakes, they're the ones most likely to get hurt.

For this reason, the attitudes you instill in your child *now* will determine how he or she will ride for years to come. If your child gets a good grounding in safe riding techniques, he or she will be able to enjoy the benefits of bicycling for many years.



Active
Living RESOURCE
CENTER

BY AND LARGE...

...bicycling is a safe activity. But, like many activities, one has to learn a few things before safely taking part. This brochure points out common problems kids have while bicycling and suggests some solutions. But just reading it, or having your child read it, isn't enough. You and your child should go over the topics and do the exercises suggested. If possible, you should ride with your child. This will be valuable for both of you. And fun, too!

HOW OLD IS OLD ENOUGH?

Before the age of 10, few kids understand how traffic works. Children have trouble judging speed and distance. They can't locate sounds — like a car's engine or a siren — very well. They think that, if they can see a car, the driver can see them. They can certainly be taught skills and rules, but may have trouble with confusing traffic situations.

Are you an experienced cyclist? Take your child out for training rides. This can work with young kids. If you aren't a skilled cyclist, lay down iron-clad rules and help your child learn specific lessons. First, the rules:

1. No playing in the road.
2. No riding at night.
3. Stop for all stop signs.
4. Ride on the right, with traffic.
5. Make your own decisions.
6. Always wear your bike helmet.
7. No riding on busy streets until you're more skilled.

Next, let's look at four common bicycling myths in the next column...

A MAJOR DANGER!

Many drivers cut through neighborhoods to avoid busy main streets. They often go faster than the 25 mph speed limit and may even be talking on a phone. *These people aren't paying attention and can kill your child.* For help fighting fast traffic in your neighborhood, contact your city's traffic engineer.



FOUR COMMON BICYCLING MYTHS

The following myths can lead to big problems for young riders.

MYTH #1: "BICYCLISTS SHOULD RIDE FACING TRAFFIC."



This myth causes many car/bike crashes. At intersections, few drivers look for traffic coming the wrong way. Ride where folks will expect you!

MYTH #2: "A CHILD NEEDS A BIKE TO GROW INTO."

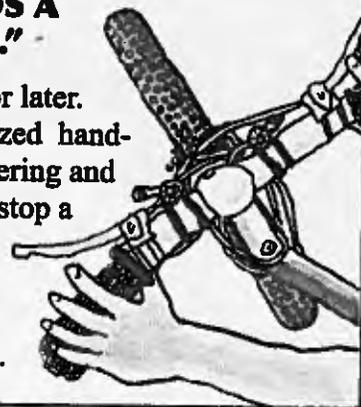


Wrong. On a big bike, kids wobble and weave down the road. They won't be able to react quickly in an emergency. Your child should be able to stand over his or her bike with both feet flat on the ground.



MYTH #3: "MY CHILD NEEDS A 21-SPEED MOUNTAIN BIKE."

Probably not. Leave the fancy bike for later. Few young kids can work standard-sized handbrakes or confusing shifters while steering and pedaling. Ask 10-year-olds how they stop a high tech bike: "I drag my feet." "I don't stop." "I run it into something." For your child's first bike, choose a sturdy one-speed with a coaster brake.



MYTH #4: "OUR NEIGHBORHOOD IS QUIET, SO WE DON'T HAVE TO WORRY."

Many bike crashes involving children happen on quiet two-lane residential streets with 25 mph speed limits — largely because that's where kids bicycle. Sound like your street? We often forget safety in familiar surroundings, and that can lead to trouble.

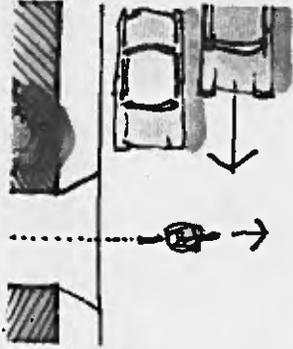


THREE COMMON BIKE/CAR CRASHES

The following are the most common crashes for young children. Each one can lead to serious injury.

CRASH TYPE #1: THE DRIVEWAY RIDE-OUT

A child rides out of the driveway and is hit by a car. This scenario accounts for about 8% of all car/bike crashes and it gets kids early: the average age is less than 10.



What you can do: If bushes or trees block the view, trim them back. And teach your child these safety rules:

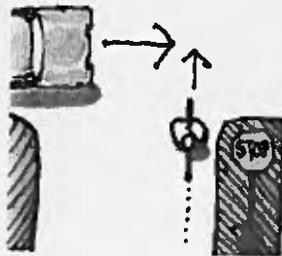
1. Stop before entering the street.
2. If parked cars block the view, edge out to see beyond them.
3. Look left, right, and left for cars.
4. See any? Wait until it's clear.
5. No cars? Cross with care.



CRASH TYPE #2: RUNNING A STOP OR YIELD SIGN

Kids under 10 are twice as likely to have this car/bike crash than all others combined.

Tip: If you "roll" stop signs, your child will learn your bad habit.



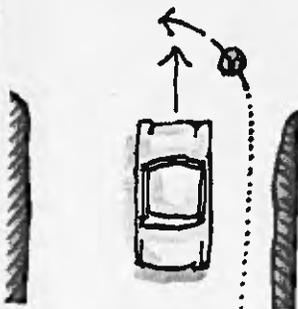
What you can do: Teach your child that running stop signs could lead to a bad crash. Take him or her to a stop sign near home. Emphasize the following:

1. Stop at all stop signs. At yield signs, slow down and be ready to stop.
2. Look left, right, and left for cars.
3. See any? Wait until it's clear.
4. No cars? Cross with care.
5. And *never* run a stop sign even if a friend just did so.

CRASH TYPE #3: THE "NO LOOK" LEFT TURN

Another common bike/car crash occurs when bicyclists turn left without looking back for traffic.

Note: Look at Skill #2 on the next page for more tips on this problem.



What you can do: Teach your child to walk across busy streets. Period. For residential streets, a 9- or 10-year-old can be taught to make safe turns:

1. Look back.
2. Yield to traffic coming from behind.
3. Yield to traffic in front or to the side.
4. Signal before moving or turning left.
5. Confused or worried? Pull to the curb and walk your bike in the crosswalk.



SERIOUS CRASHES ARE RARE

It's important to teach your child how to bicycle safely and avoid crashes. But serious bicycling crashes are rare, and the "heart healthy" benefits of bicycling far outweigh the risks.

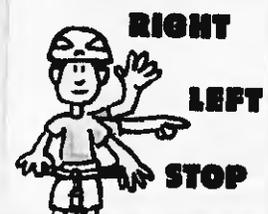
America's childhood obesity epidemic will kill many times more kids than bicycling will. By teaching your child safe bicycling, you not only help prevent crashes, but you start him or her on the

path to an active and fun life. And by bicycling *with* your child, you, too, can benefit from the exercise.

A good idea: Contact your local bicycle club or recreation department and find out what opportunities they have for kids to learn — and enjoy — bicycling.

DO YOU KNOW YOUR SIGNALS?

Here they are!



THREE IMPORTANT BICYCLING SKILLS

Everyone should learn the following skills.

SKILL #1: RIDING A STRAIGHT LINE



This skill is basic but very important. Take your child to a park, playground, or empty parking lot for practice and find a straight paint stripe on the pavement. Have your child practice riding on the stripe without veering to one side or another. It may take some practice but your child will get better at it each time he or she tries, and that's good!

Tip: To ride straight, don't look down at the stripe. Look ahead to where you're going!

SKILL #2: LOOKING BACK WITHOUT SWERVING



Have your child ride the same stripe while you hold a cardboard picture of a car. As he or she rides past, hold the "car" up or hide it behind your back and say "LOOK!" Your child should look back and say "CAR!" or "NO CAR!"

SKILL #3: STOPPING AND SPEED CONTROL

On the playground, have your child practice riding slowly toward a wet sponge and stopping just before hitting it. Gradually increase the speed and watch for skidding (not good). As your child speeds up, he or she will need to start using the brakes sooner.

Tip: Going downhill, a bicyclist should brake gently and often to keep from going too fast and losing control. Stick to level ground until your child is ready for a bike with hand brakes.



WHAT ABOUT HELMETS?



In a word: **YES!** Your child should use one every time he or she rides. Helmets can prevent head injuries and save lives. And, about 75% of all bicyclists killed each year die from head injuries. Many more are injured seriously.

The cost (\$20 to \$30) is small, compared to the medical bills and grief caused by a head injury.

Go with a "CPSC-approved" helmet; there are many available in different styles and colors.

THREE IMPORTANT TIPS

1. Let your child pick out his or her helmet.
2. Follow the helmet instructions for a proper fit.
3. Wear one yourself!

This brochure was developed by the Active Living Resource Center, a program supported by the Robert Wood Johnson Foundation. Additional materials for child education and making your neighborhood more bicycle friendly and walkable are available through the ALRC at: www.activelivingresources.org.



Active Living RESOURCE CENTER

Have questions about bicycle or pedestrian safety? Contact:

Wisconsin Department of Transportation
Bureau of Transportation Safety
PO Box 7936
Madison, WI 53707-7936
608-267-3154

5/07 #HS239

RIDING AFTER DARK

Some serious crashes happen when it's dark. Example: a motorist comes up from behind and hits a bicyclist. These crashes often involve higher car speeds and make up about 25% of all fatal car/bike collisions.

Rule out riding after dark for your youngster. It requires special skills and equipment that few kids have. If your child gets caught out after dark, he or she should call you for a ride home. *For more info on riding at night, contact your local bicycle club or bike shop.*

Author John Williams, of the National Center for Bicycling & Walking, has worked in bike safety for over 35 years. A special thanks goes to Marti Daily of the City of Indianapolis for her help and encouragement on this brochure.

v2.0.0-WI

Child Safety First

As your child becomes more independent and increases her interaction with the outside world, it is important that you and your child are aware of ways to stay safe. Here are a few ways to protect your child.

- Tell your child why it is important to stay out of traffic. Tell him not to play in the street or run after stray balls.
- Be cautious when letting your child ride her tricycle. Keep her on the sidewalk and away from the street.
- Check outdoor playground equipment. Make sure there are no loose parts or sharp edges.
- When your child is playing outside, keep watch over him at all times.
- Practice water safety. Teach your child to swim.
- Teach your child how to interact with strangers and how not to interact.

Preschoolers (3-5 Years Old). Positive Parenting Tips. DHHS/CDC/NCBDDD. 2005. English.

Last Reviewed: June 2009

Last Updated: November 13, 2014

Taken from Positive Parenting

Preschoolers (3-5 Years Old) DEVELOPMENTAL MILESTONES

The Centers for Disease Control and Prevention (CDC) National Center on Birth Defects and Developmental Disabilities offer developmental milestones for monitoring 3- to 5-year-old preschoolers. Head Start/Early Head Start health and disabilities specialists can present this information to parents and teachers to observe the developmental stages in children.

As your child grows into early childhood, his world will begin to open up. She will become more independent and begin to focus more on adults and children outside of the family. He will want to explore and ask about his surroundings even more.

Her interactions with family and those around her will help to shape her personality and individual ways of thinking and moving. During this stage your child will be able to ride a tricycle, use safety scissors, show awareness of gender identity, help to dress and undress himself, play with other children, recall part of a story, and sing a song.

For more information on developmental milestones and warning signs of possible developmental delays, visit [Learn the Signs. Act Early.](#)

Positive Parenting

- Continue to read to your child. Nurture her love for books by taking her to the library or bookstore.
- Let your child help with simple chores.
- Encourage your child to play with other children. This helps him to learn the value of sharing and friendship.
- Help your child's language by speaking to her in complete sentences and in "adult" language. Help her to use the correct words and phrases.
- Be clear and consistent when disciplining your child. Model the behavior that you expect from him.

- Parenting can be hard work! Take care of yourself physically, mentally, and emotionally. It is easier to enjoy your new baby and be a positive, loving parent when you are feeling good yourself.

Child Safety First

Now that your newborn is at home, it is time to make sure that your home is a safe place. Look around your home for household items that might present a possible danger to your baby. As a parent, it is your responsibility to ensure that you create a safe environment for your baby. It is also important that you take the necessary steps to make sure that you are mentally and emotionally ready for your new baby. Here are a few tips to keep your baby safe during her first year of life.

- It is important that you never shake your newborn baby. Newborn babies have very weak neck muscles that are not yet able to support their heads. If you shake your baby you can damage his brain and delay normal development.
- To prevent SIDS (Sudden Infant Death Syndrome), it is recommended that you always put your baby to sleep on her back. For more information on SIDS, visit National Institute of Child Health and Human Development.
- Place your baby in a car safety seat every time he rides in the car. The safest place for his safety seat is in the back seat of the car. Children who are less than one year OR are less than 20 pounds should be placed in a rear-facing care seat.
- To prevent your baby from choking, cut her food into small bites. Don't allow your baby to play with anything that may cover her face or is easy for her to swallow.
- Never carry hot liquids or food near your baby or while holding him.
- Immunizations (shots) are important to protect your child's health and safety. Because children are susceptible to many potentially serious diseases, it is important that your child receive the proper immunizations. Please consult your local health care provider to ensure that your child is up-to-date on her childhood immunizations. You may visit the CDC immunization website, to obtain a copy of the recommended immunization schedule for U.S. children.

Developmental Milestones: Infants (0-1 Year Old). Child Development. DHHS/CDC/NCBDDD. 2005. English

Taken from : Positive Parenting

Infants (0-1 Year Old) DEVELOPMENTAL MILESTONES

The Centers for Disease Control and Prevention (CDC) National Center on Birth Defects and Developmental Disabilities offer tips to monitor developmental milestones in infants from birth to one year of age. Head Start/Early Head Start health and disabilities specialists can present this information, which can be useful when observing the developmental stages in children, to parents and teachers.

Cognitive development for your baby means the learning process of memory, language, thinking and reasoning. Your baby is learning to recognize the sound of your voice. She is also learning to focus her vision from the periphery or the corner of her eyes to the center. Language development is more than uttering sounds ("babble"), or mama/dada.

Listening, understanding, and knowing the names of people and things are all components of language development. During this stage, your baby is also developing bonds of love and trust with you. The way you cuddle, hold, and play with your baby will set the basis for how he will interact with you and others.

For more information on developmental milestones and warning signs of possible developmental delays, visit [Learn the Signs. Act Early.](#)

Positive Parenting

- Talk to your baby. It is soothing to hear your voice. When your baby makes sounds, answer him by repeating and adding words. This will help him learn to use language.
- Read to your baby. This helps her develop and understand language and sounds.
- Sing to your baby.
- Play music. This helps your baby develop a love for music and math.
- Praise your baby and give him lots of loving attention.
- Spend time cuddling and holding your baby. This helps her feel cared for and secure. The best time to play with your baby is when he's alert and relaxed. Watch your baby closely for signs of being tired or fussy so that you can take a break.

STAFF NOTES

SMART CHOICES FOR FEEDING TODDLERS

Why Is This Important?

- Many parents worry they are not feeding their toddler enough. But serving sizes for toddlers are smaller than serving sizes for adults and each child is different. Your role is to provide healthy choices for your toddler and let them decide how much they want to eat.
- Establishing healthy meal routines is an important step in healthy toddler development. Ideally, mealtimes should take place at regular times, at a table with limited distraction, and children should be encouraged to feed themselves with adult support as needed.

Nutritional Information

- Serving sizes for toddlers are much smaller than serving sizes for adults. A serving of veggies is about $\frac{1}{4}$ cup.
- A typical serving size for a toddler drink is 4-6 ounces.
- Your toddler (and you too!) needs food from all five of the food groups—grains, protein, vegetables, fruit, and dairy. Try offering a variety of foods from these groups at meal and snacks.

Mealtimes

- Your toddler may eat more some days and less on others. Don't worry, this is normal! Keep offering regularly scheduled meals and snacks.
- Allow your toddler to tell you when she is full. This teaches them to listen to their body for signs of hunger or fullness.
- Try using child-size plates, bowls, and utensils for "right-size" portions for your toddler. Using child-size utensils also makes it easier for your toddler to eat.
- Limit distractions during meal and snack times to allow your toddler to enjoy the food. Turn off the TV and sit at a table.

Snacking

- Toddlers get hungry between meals. Snack time is a great chance to feed your toddler healthy foods (like fruits and veggies).
- Remember to have a start and end time for snack time. Toddlers should not be snacking (or grazing) all day.
- Remember snack time does not have to mean junk food time. Snacks can be healthy and easy to prepare.

Beverage Choices

- What your toddler drinks is very important too! Water and milk are the best choices for toddlers. Children 1-2 years old should drink whole milk unless otherwise directed by their doctor and children over two should drink low-fat milk (Skim, 1% or 2%).
- Limit 100% juice to 1 time a day if at all and try to avoid other sugar sweetened beverages.
- Encourage toddlers to drink from cups and avoid use of bottles or sippy cups.

FEEDING YOUR TODDLER



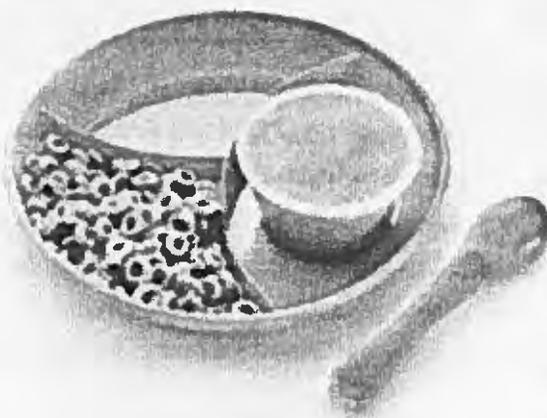
BREAKFAST



LUNCH



DINNER



SNACK

CLEAR YOUR HOME OF ASTHMA TRIGGERS



SECONDHAND SMOKE

Asthma can be triggered by the smoke from the burning end of a cigarette, pipe, or cigar and the smoke breathed out by a smoker.

- ☐ Choose not to smoke in your home or car and do not allow others to do so either.

DUST MITES



Dust mites are too small to be seen but are found in every home. Dust mites live in mattresses, pillows, carpets, fabric-covered furniture, bedcovers, clothes, and stuffed toys.

- ☐ Wash sheets and blankets once a week in hot water.
- ☐ Choose washable stuffed toys, wash them often in hot water, and dry thoroughly. Keep stuffed toys off beds.
- ☐ Cover mattresses and pillows in dust-proof (allergen-impermeable) zippered covers.

PETS

Your pet's skin flakes, urine, and saliva can be asthma triggers.



- ☐ Consider keeping pets outdoors or even finding a new home for your pets, if necessary.
- ☐ Keep pets out of the bedroom and other sleeping areas at all times, and keep the door closed.
- ☐ Keep pets away from fabric-covered furniture, carpets, and stuffed toys.

MOLDS



Molds grow on damp materials. The key to mold control is moisture control. If mold is a problem in your home, clean up the mold and get rid of excess water or moisture. Lowering the moisture also helps reduce other triggers, such as dust mites and cockroaches.

- ☐ Wash mold off hard surfaces and dry completely. Absorbent materials, such as ceiling tiles and carpet, with mold may need to be replaced.
- ☐ Fix leaky plumbing or other sources of water.
- ☐ Keep drip pans in your air conditioner, refrigerator, and dehumidifier clean and dry.
- ☐ Use exhaust fans or open windows in kitchens and bathrooms when showering, cooking, or using the dishwasher.
- ☐ Vent clothes dryers to the outside.
- ☐ Maintain low indoor humidity, ideally between 30-50% relative humidity. Humidity levels can be measured by hygrometers which are available at local hardware stores.

PESTS



Droppings or body parts of pests such as cockroaches or rodents can be asthma triggers.

- ☐ Do not leave food or garbage out.
- ☐ Store food in airtight containers.
- ☐ Clean all food crumbs or spilled liquids right away.
- ☐ Try using poison baits, boric acid (for cockroaches), or traps first before using pesticidal sprays.

If sprays are used:

- ☐ Limit the spray to infested area.
- ☐ Carefully follow instructions on the label.
- ☐ Make sure there is plenty of fresh air when you spray, and keep the person with asthma out of the room.



Not all of the asthma triggers addressed in this brochure affect every person with asthma. Not all asthma triggers are listed here. See your doctor or health care provider for more information.

ALSO...

HOUSE DUST may contain asthma triggers. Remove dust often with a damp cloth, and vacuum carpet and fabric-covered furniture to reduce dust build-up. Allergic people should leave the area being vacuumed. Using vacuums with high efficiency filters or central vacuums may be helpful.

When your local weather forecast announces an OZONE ACTION DAY, stay indoors as much as possible.

FOR MORE INFORMATION:

U.S. Environmental Protection Agency
<http://www.epa.gov/aaq>

National Asthma Education and Prevention Program
Guidelines for the Diagnosis and Management of Asthma, 1997
(301) 592-8573

Allergy and Asthma Network/Mothers of Asthmatics, Inc.
(800) 878-4403

American Academy of Allergy, Asthma and Immunology
(800) 822-2762

American Lung Association
(800) LUNG-USA

Asthma and Allergy Foundation of America (800) 7ASTHMA

Children's Behavior: Why won't my child behave?

Questions to ask yourself:

- Am I expecting too much for my child's age?
- Do I always say no?
- Do I tend to scream?
- Am I too strict?
- Have there been major changes in our home or lives?
- Am I under a lot of stress?

What you can do:

- Praise behavior you want to encourage
- Make sure your child understands your rules
- Limit "No's"
- Look for the *reason* for the behavior
- Listen to your child
- Try to understand your child's feelings
- Find out about stages children go through
- Give your child individual attention every day
- Take care of your own needs, too.

The TLC's of parenting:

Teach

All children need guidance

Listen

Encourage your child to express feelings

Care

Your child needs your love and support

For more help, look in the first few pages of your local phone book for "Community Services" listings. There might be several organizations to call for parenting advice or help. Look under headings like Children's Services, Counseling Services, Human Services, United Way First Call for Help, etc. If you're afraid you might hurt your child, call the National Child Abuse Hotline at: 1-800-4A-CHILD (1-800-422-4453).

Written with the help of Bellflower Center for Prevention of Child Abuse, Cleveland, Ohio. © 1996 Noodle Soup of Weingart Design. (216) 881-0083. The illustration is copyrighted art and may not be reproduced without consent. Product code #8300.

Why do kids get in trouble?

Because 1-3 year olds:

- Want to do it all by themselves
- Hate being away from mom and dad
- Get mad quickly
- Need to keep busy all the time
- Want to be good but don't know how

What you can do:

- Say, "Let's do this instead," and show your child how. A child learns by watching and helping.
- Don't say "no" all the time or your child won't listen. Say "no" when they could hurt themselves or someone else.
- Help them tell you why they are upset. Use words; talk about feelings.
- Let your child know you mean what you say. Kids need to be told over and over.
- Spend as much time as you can with your child.

Because 3 year olds:

- Want to know "why," and enjoy talking
- Like to make believe
- Learn by doing, try to please

Because 4 year olds:

- Want to do it all by themselves
- Like to be the boss
- Fight back when angry or upset
- Know what they want to do and find it hard to stop or be taken away

Because 5 year olds:

- Do things for themselves
- Know how to tell you what they want to do
- Still find it hard to remember what to do every time

What you can do:

- Spend lots of time with your child
- Plan what you're going to do together
- Keep it simple. Remember how hard it is to follow too many rules.
- Listen to what your child is saying. He might be afraid or feel like he's being pushed.
- Talk about being sad, angry, scared.
- Tell him when he pleases you - that'll make him feel great!
- Be nice to your child. If she thinks she's bad, she may act bad just to prove it.

Teach your child what's right. Remember: don't show him that hitting is okay. Everybody has bad days, even your kid! It's all part of growing up.

For more help, look in the first few pages of your local phone book for "Community Services" listings. There might be several organizations to call for parenting advice or help. Look under headings like Children's Services, Counseling Services, Human Services, United Way First Call for Help, etc. If you're afraid you might hurt your child, call the National Child Abuse Hotline at 1-800-4A-CHILD (1-800-422-4453).

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www.noodlesoup.com

Ten things to do instead of yelling or hitting

It's hard to raise a kid!

You don't have to lift a hand to hurt your child. Words hit just as hard. The next time everyday pressures build up to the point that you might lash out, stop!

Try any of these simple alternatives:

1. Put your hands over your mouth. Count to 10. Or better yet, 20.
2. Stop in your tracks. Press your lips together and breathe deeply.
3. Phone a friend or phone the weather.
4. Say the alphabet out loud.
5. If someone can watch the children, go out and take a walk.
6. Take a hot bath or splash cold water on your face.
7. Pick up a pencil and write down your thoughts.
8. Put your child in a "time-out" for a few minutes.
9. Turn on the radio or TV.
10. Hug a pillow.



Watch over us,
The sea is so wide
and our boat is so small.

For moms and dads: Think before you spank

It's hard to raise a kid!

When your child acts bad, you get angry. Sometimes it's tough not to spank.

Next time, try these things instead:

- Stop. Cool off before you do anything.
- When you're not mad, ask yourself:
 - What's the matter with my child?
 - Is she tired, sick, or worried about something?
 - Can she *do* what I want?
 - Did I do something?
 - Am I still mad?
- Watch what you say. Mean words hurt a lot.
- Teach your child how to do what's right.
- Don't show him that hitting is okay.
- Help him feel good about himself. Use praise.
- Be patient. It takes a while for kids to catch on because they're so little.
- Learn about children and how they grow. Talk to other moms or dads or join a parent group.
- Take some time for yourself! You'll feel better, and wind up being a better mom or dad to your kid.

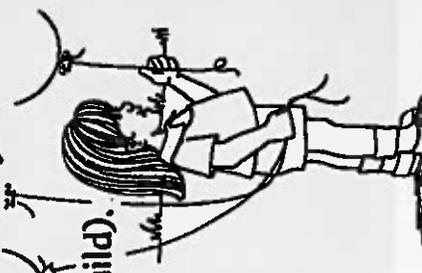


Watch over us,
The sea is so wide
and our boat is so small.



50 Ways for a Parent to Say "Very Good"

1. You are very good at that.
2. GREAT!
3. Nice going.
4. PERFECT!
5. Much better!
6. FANTASTIC!
7. Keep it up!
8. Good thinking!
9. I'm very proud of you.
10. That's really nice.
11. That's great!
12. Keep working on it-you're getting better.
13. That's RIGHT!
14. GOOD WORK!
15. You're really working hard today.
16. That's quite an improvement.
17. I sure am happy you're my child.
18. You did it that time!
19. Keep up the good work.
20. That's the best ever.
21. WONDERFUL!
22. Nice going.
23. Good remembering!
24. You're doing fine.
25. Good going!
26. I knew you could do it.
27. You're really growing up!
28. That's better.
29. TERRIFIC!
30. You did that very well.
31. You're really improving.
32. TREMENDOUS!
33. I like that.
34. You figured that out fast.
35. You're right.
36. That's it!
37. Congratulations, you got (name behavior) right.
38. That's GOOD!
39. I'm proud of that way you worked today.
40. THAT'S IT!
41. You are doing that much better today.
42. Good for you!
43. That's the way!
44. EXCELLENT!
45. FINE!
46. That's better than ever.
47. You must have been practicing!
48. You did a lot of work today!
49. Good for you!
50. Good job, (name child).





Money \$mart in Head Start



Issue 7

Dealing with Debt

"Live within your means." We've all heard it before and we probably all agree that it's a good idea. Sometimes living within your means is much easier said than done.

Almost everyone has debt at some point. It's the size of the debt, what it's costing, and the time it takes to pay it off that causes stress. Knowing more about the type of debt, how much you owe, and having a plan can help.

How much debt is too much?

Some people don't like owing money to anyone. Other people don't mind owing money, as long as they can keep up with the monthly payments. The bottom line is: if your debt is stressing you and your family out, then it's too much debt for you.



Sometimes it's the amount of debt that causes stress, and sometimes it's the kind of debt that worries us. Borrowing money for a mortgage, a better car, or going back to school is stressful, but it's also rewarding because we're borrowing money to invest in our future. On the other hand, when we charge something that's used up right away, drops in value, or has a balance that grows each month, we can start to feel pulled down by debt.

When it comes down to it, do you want debt that leaves you with nothing to show for it (a liability)? Or do you want debt that might pay you back in the long run through a higher paying job or a house (an asset)?



Don't buy anything that can't be bought with cash. Have one credit card for emergencies only! If I can't pay for it right then and there, I don't need it.

— Head Start Parent in Douglas County

Want to become debt free?

- ◆ *Write a list of your debts*- who you owe, how much you owe, the interest rate, and the amount you pay each month. If you haven't been making regular payments, write down the monthly minimum amount required by your creditor.
- ◆ *Figure out how much money you could put towards paying down debt* - make sure you have enough money to keep up with your regular monthly bills by tracking your spending. Catching up on old bills doesn't help if it causes you to get behind on your current bills. Then, if you can find an extra \$5 here or \$10 there, use that money to pay down debt.
- ◆ *Decide which debts you want to pay first* - ideally, you want to pay the monthly minimum amount due on all of your debts. If you have a little extra money to add to those minimum amounts, you can decide where to put that money. Some people make it a priority to pay off debt with the highest interest rate to save money on interest. Others want to pay off a smaller debt first because it feels good to cross one off. Do what's right for you.



Get rid of debt faster by making power payments! Visit: www.powerpay.org

Or maybe you have some old debt that you stopped paying along the way, but now want to catch up on. As you decide where to put your money, think about:

- *How old is the debt?* The older a bill, the less it lowers your credit score. That's a reason to pay off more recent debt first.
- *What kind of debt is it?* An unpaid judgment can stay on your credit report for 20 years in Wisconsin. Other debts, like an old medical or utility bill, will stay on your report for 7 years. (But you still owe the debt even after it drops off your report.)

What if you can't keep up with your monthly minimum payments?

- ♦ *Call your creditors before they call you* - Yes, it can be embarrassing, but it's the very best thing to do. Tell them why you can't make a payment, maybe your hours were cut at work or someone got sick. Your bank or doctor's office will be more likely to work with you if you've been a good customer and you contact them before you miss a payment. Some of your creditors may not be very helpful, but it's worth asking.
- ♦ *Ask to talk with someone who can help you* - Talk to a supervisor who has the power to reach a deal with you. If they offer a payment plan, ask them to send it to you in writing.
- ♦ *Figure out how much you can pay* - When you call, tell your creditor what you can afford for a monthly payment. If they agree to a lower payment, make sure it's an amount that you can pay every month. If you don't pay the new amount, your creditor will be less likely to work with you again.

A creditor may agree to:

- lowering your monthly payment;
- dropping charges for late payments;
- lowering interest rates;
- letting you pay interest only until you can start making full monthly payments;
- agreeing to a partial repayment of the loan.



Just be aware that if a creditor lowers your loan amount – or “charges it off” – that shows up in your credit report and you could even owe taxes on the amount that was forgiven.

TIP

*You can't borrow your way out of debt.
True debt help is never quick or easy.
The real way to get out of debt is by
changing habits.*

When you need money fast...

If you have an emergency, like you used the rent money to pay for car repairs so you don't have the money for rent, you may be tempted to get a loan from a payday lender. Payday and car title loans are expensive ways to borrow money. Just ask around and you'll hear horror stories about how much interest someone paid or how many times they rolled over a loan before they could pay it off.



If you have a financial crisis, consider your options before taking out a payday loan:

- *Can you ask for more time to pay your bills?* Can you get a rent extension from your landlord? Find out what happens if you pay late. Is there a late fee or higher interest?
- *Are there other places you could borrow money?* Can you get a small loan from a bank or credit union, or an advance from your employer? Can you borrow from family or get assistance from your church?
- *Can you get a cash advance on a credit card?* The fees and interest rates for a cash advance are usually less than 100% - still really high - but not as high as the 300-400% with a payday loan.

Payday and car title loans are high interest debt that's hard to pay off. Consider them a **last resort** when you have no other options.

What about debt consolidation?

There are many debt repayment companies out there. Some are scams that will take your money and leave you more in debt. Other companies may be fine but might not be right for your situation. Ask lots of questions before you consolidate your debt.

To find a non-profit credit counselor near you, call 1-800-388-2227 or www.debtadvice.org.

“Money Smart in Head Start” is provided by UW-Extension Family Living as part of the Head Start Financial Literacy Project which is funded through the generous support of the Annie E. Casey Foundation. This issue was written by Bev Doll and Kristi Cutts, and edited by Peggy Olive and Ruth Schriefer. Reviewed by J. Michael Collins, Family Financial Security Specialist, UW-Madison/Extension. Sources for this issue: UW-Extension “Dealing With a Drop in Income”; debtadvice.org; Extension.org; AARP.org “Avoid Payday Loans” 4/10; Cooperative Extension-University of Delaware “Payday Loans=Costly Cash” 8/04; UW Extension Clark County-Predatory Lending Practices-Consumers Beware. (Revised 2011)

UW
Extension
Cooperative Extension

University of Wisconsin, U.S. Department of Agriculture and Wisconsin counties cooperating. An EEO/AA employer. University of Wisconsin Extension provides equal opportunities in employment and programming, including Title IX and American with Disabilities (ADA) requirements.

Gimiwan	It is Raining
Dakibiisaa	Cold Rain
Bijibiisaa	Rain is coming
Bimibiisaa	Rain going along
Animibiisaa	Rain goes away
Madwebiisaa	Rain is heard
Bagamibiisaa	Rain arrives
Awanibiisaa	Sprinkling
Maajibiisaa	Starts raining
Ishkwaabiisaa	Stops raining
Nagweyaab	Rainbow
Gimiwanoowayaan	Rain coat

Nimiigwechiwendaamin – We are thankful

Nimiigwechiwenimaa nindede

I'm thankful for my dad

Nimiigwechiwenimaag niijiig

I'm thankful for my friends

Nimiigwechiwendaan wiisiniwin

I'm thankful for my food

Nimiigwechiwenimaa nookomis

I'm thankful for my Grandma

Nimiigwechiwendam niimiyaan

I'm thankful when I dance

Nimiigwechiwendaaanan odaminwaaganan

I'm thankful for my toys

Nimiigwechiwenimaa nimaamaa

I'm thankful for my mom

Nimiigwechiwenimaa nimise

I'm thankful for my older sister

Nimiigwechiwendaanan nibiizikiiganan

I'm thankful for my clothes.



AMERICAN INDIAN GRADUATE CENTER

Over 93% of every dollar goes to scholarships and services for students

[Home](#) / [Highlights](#) / [AIGC Now Accepting Cobell Scholarship Applications](#)



NEWS RELEASE – April 20, 2015 –

AIGC NOW ACCEPTING COBELL SCHOLARSHIP APPLICATIONS!

Cobell Scholarship Application deadline is June 1, 2015 for the Fall 2015 term.

Albuquerque, NM – April 20, 2015 – The American Indian Graduate Center (AIGC) announced today that it is now accepting Cobell Scholarship applications through June 1, 2015, for the Fall 2015 term. Interested applicants can access the application and scholarship criteria at www.aigcs.org.

“We at AIGC are eager to fund applicants for the Cobell Scholars Program beginning with the Fall 2015 term. The provision of a scholarship program in conjunction with the Cobell Settlement was an inspired idea, and we are pleased to have been selected to administer the program,” said Sam Deloria, Director of the American Indian Graduate Center.

Established as a result of the Cobell v. Salazar litigation, the Cobell Scholars Program fund is intended to provide financial assistance in the form of scholarships to American Indian and Alaska Native students to defray the cost of attendance at both post-secondary vocational schools and institutions of higher education. The Cobell Board of Trustees, a Nonprofit created to manage the fund and oversee implementation of the scholarship program, is responsible for establishing the Cobell Scholars' qualifications and award amounts.

The Department of Interior announced in early April a \$12 million transfer to the Cobell Education Scholarship Fund. The Department makes quarterly transfers to the Scholarship Fund, which is expected to total \$60 million.

Cobell Scholars will be awarded to U.S. Federally-recognized American Indian and Alaska Native students who are vocational certificate-seeking or a degree-seeking students in full-time accredited non-profit institutions in the United States; and who are able to demonstrate financial need.

Preference will be given to original Cobell Settlement Class members or Direct descendants. All applicants are required to submit a Tribal Eligibility Certificate and Financial Needs Form available at <http://www.aigcs.org/scholarships/online->

[application-instructions/](#).

About the American Indian Graduate Center (AIGC)

AIGC is a national organization, based in Albuquerque, NM, providing educational support through scholarships since 1969. AIGC is a national provider of scholarships for American Indian and Alaska Native graduate and undergraduate students and has awarded more than \$52 million in scholarships since its inception over 45 years ago.

To build, promote and honor self-sustaining American Indian and Alaska Native communities through education and leadership.

American Indian Graduate Center, Inc.

3701 San Mateo NE, Suite 200, Albuquerque, NM 87110

(505) 881-4584 www.aigcs.org

Contact: Stephine Poston (505) 379-6172; stephposton@msn.com

###

TAP Apprenticeship Program

In partnership with the Bayfield School community

POSITION: Farm/Garden Apprentice

APPRENTICESHIP SITE: Mino Bimaadiziiwin (Return to the Good Life) Garden
Aiken Road, Red Cliff, WI

SUPERVISOR: Carl Butterfield, Manager
715-779-3782

Duties

- A total of 10 hours per week are required:
 - Five hours will be spent on general farm maintenance: weeding, watering, harvesting
 - Remaining five hours assisting Garden Manager

Duties may include

- Assist in creating signage for farmer's market in English and Ojibwe
- Assist in documentation of garden progress
- Duties as assigned

Hours and Days

- June 15- August 13, 2015
- 10 hours/wk for 9 weeks (Days and times are flexible)
- 90 total hours

Qualifications

- Interest in farming/gardening and community outreach
- Works well with others
- Punctual and reliable attendance
- Excellent record keeping abilities

Compensation and Benefits

- \$250 stipend to be awarded at end of the apprenticeship
- Opportunity to take home fresh produce throughout the growing season
- ½ credit if Education for Employment class requirements have been met

*Completed applications due to Linda Weber, Bayfield School District by May 15, 2015
lweber@bayfield.k12.wi.us or mail to 300 N 4th St. Bayfield, WI 54814*

TAP Apprenticeship Program

In partnership with the Bayfield School community

POSITION: Youth Librarian Apprentice

APPRENTICESHIP SITE: Bayfield Carnegie Library
<http://www.bayfieldlibrary.org/>

SUPERVISOR: Blair Nelson, Director
715-779-3953

Duties:

The apprentice will perform librarian related duties such as:

- Circulation
- Collection development
- Assist with library based reading programs
- Shelving

Hours and Days

- June 15, 2015 – June 15, 2016
- 8 -10 hours per week for total of 460 hours
- After school and summer hours only

Qualifications

- Motivated and responsible
- Must be entering or in high school and 14 years old
- Punctual and reliable attendance
- Excellent record keeping abilities

Compensation and Benefits (upon successful completion)

- \$500 Stipend from TAP
- \$500 from Bayfield Carnegie Library
- ½ credit if Education for Employment requirements met

TAP Apprenticeship Program

In partnership with the Bayfield School community

POSITION: Youth Sailing Instructor

APPRENTICESHIP SITE: West End Park, Washburn, WI

SUPERVISOR: Scott Armstrong, 715-779-5408, Bayfield Recreation Ctr
North Coast Community Sailing
<http://www.northcoastcommunitysailing.org/>

Think you've got what it takes to be a great sailing instructor? Responsibilities include helping students in class, boat maintenance (including scrubbing decks!) and attending staff meetings. The Apprentice works closely with the North Coast Community Sailing instructors on a daily basis.

Duties:

- Assist in teaching of sailing classes
- Assist in organization and maintenance of equipment and boats
- Promote, advertise and market program
- Other duties as assigned

Hours and Days

- 7 weeks in summer, 5 days per week, afternoons
- Total of 140 hours
- Most hours will be worked at Washburn West End Park

Qualifications

- At least 14 years old
- Motivated and responsible
- Interested in the sport of sailing
- Positive energy and excellent communication and organization skills

Compensation and Benefits

- \$200 Stipend from TAP
- \$200 match from NCCS/Rec Center
- ½ credit if Education for Employment requirements met
- FREE summer membership and races

*Completed applications due to Linda Weber, Bayfield School District by May 15, 2015
lweber@bayfield.k12.wi.us or mail to 300 N 4th St. Bayfield, WI 54814*

TAP Apprenticeship Program
In partnership with the Bayfield School community

APPLICATION

Name (First & Last): _____ Birth Date: _____

Student Grade in 2015-2016: _____ Social Security #: _____

Address: _____ City: _____ State & Zip: _____

Student Cell Phone: _____ Email address: _____

Parent Name(s): _____ Home Phone #'s: _____

Cell Phone: _____ Email address: _____

Have you completed all required coursework for the Education For Employment class?

- Yes
 No

What position(s) are you applying for? (Rank in order of preference.)

1. _____

2. _____

3. _____

Why are you interested in this position?

Do you have any experience related to this position?

Completed applications due to Linda Weber, Bayfield School District by May 15, 2015
lweber@bayfield.k12.wi.us or mail to 300 N 4th St., Bayfield, WI 54814

TAP Apprenticeship Program

In partnership with the Bayfield School community

Work Experience

Employer: _____ **Supervisor's Name:** _____

Address: _____ **Phone:** _____

Job Title: _____ **Dates of Employment:** _____

Describe your duties: _____

Employer: _____ **Supervisor's Name:** _____

Address: _____ **Phone:** _____

Job Title: _____ **Dates of Employment:** _____

Describe your duties: _____

Will you be employed anywhere during the time of your apprenticeship? If so, how do you plan to manage the two schedules?

References (not related to you):

Name: _____ **Relationship:** _____

Phone: _____ **Email:** _____

Name: _____ **Relationship:** _____

Phone: _____ **Email:** _____

Applicant must complete all employment forms and acquire a work permit through the district office prior to starting an apprenticeship position.

Completed applications due to Linda Weber, Bayfield School District by May 15, 2015
lweber@bayfield.k12.wi.us or mail to 300 N 4th St., Bayfield, WI 54814

Bay Area Home Health is Hiring!

- ✚ Personal Care Workers
- ✚ Supportive Home Care Workers
- ✚ Certified Nursing Assistants

Enjoy a flexible work schedule while working in a rewarding career.

Mileage and/or Travel Time Reimbursed

- ❖ *Provide individualized care such as bathing, dressing, grooming, cleaning, and cooking tasks in the patient's home.*
- ❖ *Monitor or report changes in health status.*

Pick up an application at our front desk or call to have one mailed to you.

Bay Area Home Health

1601 Beaser Ave.

Ashland, WI 54806

715-682-9500



RED CLIFF BAND

of Lake Superior Chippewa

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[Tribal Benefits Sheet](#)

:: Job Openings ::

Current Openings

Job Center of Wisconsin displays open job orders maintained by the Job Center of Wisconsin.
[Link to Job Center of Wisconsin](#)

Current Openings for the Red Cliff Tribe

Youth Center Worker

DEADLINE: May 7, 2015 @ 4:00 p.m.

Commercial Fishery Monitor (1 positions open)

DEADLINE: May 8, 2015 @ 4:00 p.m.

Business Office Clerk - Clinic

DEADLINE: May 8, 2015 @ 4:00 p.m.

Early Head Start Infant/Toddler Center Based Teacher

DEADLINE: May 15, 2015 @ 4:00 p.m.

Substitute Librarian

DEADLINE: Open until adequate pool of substitutes become available.

Chief Judge / Court Administrator

DEADLINE: Open Until Filled

Dentist

DEADLINE: Open Until Filled

Medical Assistant (3 POSITIONS)

DEADLINE: Open Until Filled.

Certified Nursing Assistant (C.N.A)- 2 positions available

DEADLINE: Open Until Filled.

Dental Assistant Fill-In

DEADLINE: Open Until Filled

Relief Manager (1-3 Positions)

DEADLINE: Open Until Filled

Director of Compliance

DEADLINE: Open Until Filled

General Manager

DEADLINE: Open Until Filled

RCECC Subs needed flyer 2014

DEADLINE: Open

Current Openings for Legendary Waters Resort & Casino

Legendary Waters Resort & Casino - Surveillance Operator

DEADLINE: April 24, 2015

Legendary Waters Resort & Casino - Laundry Attendant

DEADLINE: Open Until Filled



Legendary Waters Resort & Casino - Hotel Housekeeping

DEADLINE: Open Until Filled

Legendary Waters Resort & Casino - Line Cook (2 Positions Available)

DEADLINE: Open Until Filled

Legendary Waters Resort & Casino - Table Games Dealer

DEADLINE: Open Until Filled

Legendary Waters Resort & Casino - Marketing Director

DEADLINE: Open until filled

Legendary Waters Resort & Casino - Restaurant Manager / Executive Chef

DEADLINE: Open until filled

Legendary Waters Resort & Casino - Controller

DEADLINE: Open until filled

Current Openings for Red Cliff Housing Authority

Red Cliff Housing - Maintenance Assistant

DEADLINE: April 21, 2015 or until position is filled

Current Openings for School District of Bayfield, WI

Click here for Available Job Vacancies at Bayfield School

Current Openings for Bay Area Home Health

Bay Area Home Health - Personal Care Workers / Supportive Home Care Workers / Certified Nursing Assistants

Current Openings for UW Extension

Current Opportunities for UW Extension



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JOB DESCRIPTION

POSITION: Youth Center Worker-1

LOCATION: Red Cliff Youth Center

SALARY: \$10.00 per hour

THIS IS A REGULAR PART-TIME EXEMPT POSITION-normal work schedule will be Wednesday through Friday from 4-8pm and Saturday 12noon-8pm

SUPERVISOR(S): Director of Youth Services

JOB SUMMARY: The primary responsibility of this position is to maintain the Red Cliff Youth Center within the assigned hours of each week ensuring proper functioning of the facility as well as all youth following the rules of the center.

DUTIES AND RESPONSIBILITIES:

1. This individual will work at the Youth Center 20 hours each week.
2. Must maintain cleanliness of Youth Center at all times.
3. Attend and participate in any staff meetings, in-service and trainings as directed by supervisor.
4. Present a professional and caring image
 - a) Maintain a cooperative relationship with other Family Service Staff, co-workers and Tribal employees
 - b) Demonstrate tact, courtesy and respect when communicating and interacting with youth, staff and outside agencies and programs
 - c) Promote a working environment noted for effective cooperation and collaboration between programs, services, and co-workers.
5. Other duties assigned as deemed necessary.

SUPERVISORY AUTHORITY: None

KNOWLEDGE: General knowledge of various ages and stages of child development as well as activities, both physical and social-emotional, that correlates to the scale of development.

QUALIFICATIONS:

1. Must have High School Diploma or equivalent.
2. Experience, education or volunteer work with Tribal or other youth is preferred
3. Demonstrate the ability to relate to youth and be sensitive to youth issues/concerns
4. Must have a valid driver's license with vehicle and at least liability insurance.
5. Must be able to be placed on the Tribe's drivers list.

PERSONAL CONTACTS: Individual will have daily contact with youth and staff. Contact also includes those with community members and parents of youth.

PHYSICAL REQUIREMENTS: Individual should be in good physical condition and be able to keep up with the demands of overseeing youth activities that occur in the youth center building. Bending, lifting, sweeping and carrying of objects less than 25 pounds is a part of daily work.

WORK ENVIRONMENT: Most of the time will be spend at the youth center facility. The Youth Center is a smoke free environment/building.

TRAVEL REQUIREMENTS: Minimal travel...may consist of transporting youth home and to and from local destinations, such as the Bayfield Recreation Center.

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

POSTING: April 22, 2015

DEADLINE: May 7, 2015 @ 4:00 p.m.

FOR FURTHER INFORMATION:

**Red Cliff Tribal Administration Building
Human Resources Department
88385 Pike Road, Hwy 13
Bayfield, WI 54814**

susie.gurnoe@redcliff-nsn.gov
rwygonik@redcliff-nsn.gov

(715) 779-3700 ext. 4267 or 4268

The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting.

ALL APPLICANTS FOR EMPLOYMENT WITH THE RED CLIFF TRIBE ARE SUBJECTED TO THE BACKGROUND INVESTIGATION AND OTHER REQUIREMENTS OF RCCL CHAPTER 43, AND THAT YOU ARE UNDER A CONTINUEING OBLIGATION TO SUPPLEMENT THIS APPLICATION FOR EMPLOYMENT WITH INFORMATION CONCERNING ANY CONVICTIONS THAT OCCUR AFTER COMMENCEMENT OF EMPLOYMENT WITH THE TRIBE.

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REVISED**JOB DESCRIPTION**

POSITION: Commercial Fishery Monitor (1 POSITION)

LOCATION: Red Cliff Fisheries Department at the Tribal Fish Hatchery,
Bayfield, WI.

WAGE: \$10 -- 12/hr. DOE. 40 hours per week.

THIS IS A REGULAR FULL-TIME NON-EXEMPT POSITION

SUPERVISOR(S): Division Administrator and Fisheries Lead

JOB SUMMARY: Ride with Red Cliff Commercial Fishermen on Lake Superior observing and recording fish harvested as they enter the fishing vessel. Collect biological data including, species, length, weight, and ageing structures for analysis. Data will be used to populate current fish models.

DUTIES AND RESPONSIBILITIES:

1. Contact Red Cliff Commercial Fishermen via telephone or any other means necessary to schedule ride along. Develop working relationship with all Red Cliff Commercial Fishermen.
2. Conduct Joint Monitoring of the Red Cliff Commercial Fishery recording catches of all species netted.
3. Collect biological data on fish through commercial sampling, monitoring, and assessment.
4. Organize, prepare, examine, and record aging structures of fish.
5. Assist in maintenance of assessment nets and other sampling equipment during the closed fishing season.
6. Assist with routine fishery assessments on the Department's research boat.
7. Perform other duties as assigned.

KNOWLEDGE: Experience in commercial fishing operations is desired, for example knowledge of identifying common Lake Superior commercial caught fish species or the operation of net lifting gear. Familiarity of various standard computer software programs is a plus. Knowledge of Native American tribes and the uniqueness of the Red Cliff community are beneficial.

QUALIFICATIONS: Must have a valid Wisconsin driver's license and reliable transportation to work. The applicant must be able to follow oral and written instructions, and to work independently or in small teams responsibly, dependably, and safely. The applicant should be in good physical condition and have the ability to work long hours on Lake Superior, often in rough weather conditions during early morning hours and occasional weekends. Fish identification skills are essential.

PERSONAL CONTACTS: Individual will have frequent contact with tribal commercial fishermen, and will also work with personnel from the Red Cliff Treaty Natural Resources Division and the Wisconsin Department of Natural Resources.

PHYSICAL REQUIREMENTS: Primarily a vigorous field oriented position involving extensive

exposure to the elements; lifting, bending, and walking under wet and slippery conditions.

WORK ENVIRONMENT: Most duties will be conducted in a field setting on tribal commercial gill net boats during early morning hours and variable weather conditions. The base of operations will be the Tribal Fish Hatchery Complex. Necessary field equipment, safety gear, and specialty clothing will be provided.

TRAVEL REQUIREMENTS: Travel will generally be limited to movement between home, the Red Cliff Hatchery Complex, and boat docks in Red Cliff and Bayfield. Monitoring of catch in MI waters of Lake Superior may necessitate occasional overnight travel. Use of personal vehicle will be compensated.

Indian preference will be applied in the case of equally qualified applicants, but all applicants will be considered.

TO APPLY: Applicants must submit a resume, cover letter, background check, and completed Red Cliff job application to be considered for the position. If all the required documents are not submitted by the deadline, the applicant will not be considered.

POSTED: April 23, 2015

DEADLINE: May 8, 2015 @ 4:00 p.m.

FOR FURTHER INFORMATION:

**Red Cliff Band of Lake Superior Chippewa
Human Resources Department
88385 Pike Road, Hwy 13
Bayfield, WI 54814
www.redcliff-nsn.gov**

rwYGONIK@redcliff-nsn.gov
susie.gurnoe@redcliff-nsn.gov

(715) 779-3700 ext. 4267 or 4268

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RED CLIFF COMMUNITY HEALTH CENTER
36745 AIKEN ROAD
BAYFIELD, WI 54814

JOB DESCRIPTION

POSITION: Business Office Clerk

NON-EXEMPT POSITION

LOCATION: Red Cliff Community Health Center

REPORTS TO: Health Center Administrator
Business Department Supervisor

SCHEDULE: Part Time, Twenty Four Hours per Week

WAGE: \$10.00

GENERAL:

This position is one of several personnel who perform support service within the clinic. The business office clerk is responsible for assisting with basic business office functions within the Red Cliff Community Health Center.

DUTIES AND RESPONSIBILITIES:

1. Record incoming payments per cash receipt policy.
2. Complete all credentialing with insurance companies and keep staff credentialing files current.
3. Monitor aged receivables report and follow up on claims.
4. Assist clients with financial arrangements per financial policy.
5. Process accounts designated for collection per policy.
6. Manage claims designated "beneficiary client" to capture accurate value of uncompensated care.
7. Cross train to provide coverage for Accounts Receivable Clerk during times of extended leave including vacation, medical leave etc.
8. Complete monthly, quarterly, and annual reports as required by Health Center Administration, and regulatory bodies. Maintain a record of all supporting documentation as required.
9. Participate in quality assurance and other efforts that assure appropriate care and services.
10. Adheres to and supports facility policies, programs and activities.
11. Maintain strict confidentiality and safeguard the privacy of patients in common areas of the clinic.
12. Present a professional, caring image for the Health Center and its programs.
 - a. Maintain a cooperative relationship with other Health Center staff and employees.
 - b. Demonstrate tact, courtesy, and respect in communication and interaction with Health Center patients, visitors, and staff and with outside agencies and programs.
 - c. Promote a working environment noted for effective cooperation and collaboration between programs, services, and co-workers.
 - d. Dress appropriately to promote professionalism within the Health Center.
13. Advance job knowledge and skills through continuing education efforts after approval of Health Center Administration.
14. Attend staff and other meetings, in-service as directed by supervisor.
15. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be

subject to change based on organizational needs and/or as deemed necessary by the supervisor.

QUALIFICATIONS:

1. High school diploma, HSED, or GED.
2. Diploma in office related field or two years' experience in office setting, preferred.
3. Yearly certification in CPR.
4. Must have valid WI driver's license, vehicle and at least liability insurance. Be eligible for the Tribe's vehicle insurance.

KNOWLEDGE

5. Good oral communication and customer service skills.
6. Proficient in MS Word, Excel, and PowerPoint.
7. Personal abilities and maturity to function in a fast paced environment; to work with a diverse population (clients, co-workers, professional staff, administration, outside agency staff, and the general public).

PERSONAL CONTACTS:

Daily contact with patients, visitors, primary care providers, Tribal and Health Center Administration, and other Health Center staff.

WORK ENVIRONMENT:

1. Red Cliff Community Health Center; office and clinic settings.
2. Information Access: Class 4.
3. Exposure to hazards of the health care industry.
4. Work setting must be maintained as a clean, nonsmoking, well-ventilated area in compliance with all applicable safety regulations.

PHYSICAL REQUIREMENTS:

The duties assigned to this position involve bending, stooping, lifting, and carrying. Items may be placed on overhead storage. Weights to be carried are usually less than 50 pounds.

TRAVEL REQUIREMENTS:

May require overnight travel to attend meetings and/or trainings; in and out of State.

Indian preference will be applied in the case of equally qualified applicants, but all applicants will be considered.

POSTING DATE: April 23, 2015

DEADLINE: May 8, 2015 at 4:00 p.m.

FOR FURTHER INFORMATION CONTACT:

Red Cliff Band of Lake Superior Chippewa
Human Resources Department
88385 Pike Road, Highway 13
Bayfield, WI 54814
(715) 779-3700 ext. 267 or 268

rwygoink@redcliff-nsn.gov

susie.gurnoe@redcliff-nsn.gov

The Red Cliff Community Health Center is a Drug-Free Workplace in accord with the Drug-Free Workplace Act of 1988, P.L. 100-690, and has a Drug-Free Workplace Policy in effect. All new hires are subject to drug test prior to starting.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement this application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

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JOB DESCRIPTION

POSITION: Early Head Start Infant/Toddler Center Based Teacher

NON EXEMPT: 40 hours per week/11 months (year-round)

LOCATION: Red Cliff Early Childhood Center

PROGRAM: Early Head Start

WAGE: \$10.00-\$14.00 per hour depending on qualifications

THIS IS A REGULAR FULL-TIME NON-EXEMPT POSITION

SUPERVISOR: Early Head Start Director

GENERAL STATEMENT OF DUTIES:

Serve as one of two primary teachers for an assigned group of eight infants or toddlers in a center based environment. Early Head Start child/teacher ratio is 4:1. Responsible for co-planning and implementation of educational programs with co-teacher for six weeks old to 3 year old infants and toddlers which reflect best practices and integration of Ojibwe language and culture when possible into curriculum. EHS teachers will loop with the same group of infants/toddlers for three years, and move physically with them each year to the next developmentally appropriate classroom.

EHS teachers are expected to share all responsibilities within their classroom, and to create an environment of nurturance and sharing with all children. Each teacher must be able to have open communication with co-teacher regarding daily operation of classroom and child/parent needs.

RESPONSIBILITIES:

- Must maintain confidentiality of all child's and family information and records.
- Plan and implement age appropriate child development lesson plans which provides a variety of activities designed to enhance infant and toddlers social, emotional, physical, cognitive, and intellectual development.
- Promotion of a safe, attractive and stimulating physical environment for infants and toddlers and also establishing and maintaining consistency of rules.
- Reinforce positive self-image, pride, and cultural identity with infants and toddlers during all activities.
- Meal times with children will be in a family setting with at least one teacher, preferably both sitting at the table engaging in conversation with the infants and toddlers. Infants and toddlers are encouraged, but not forced to eat or taste. Encourage older toddlers in self-help and independence skills by involving them in set up and clean up activities.
- Maintain accurate daily records on attendance, daily intake, medical log, infant and toddler eating/sleeping/toileting information for distribution in child file and to parents as well as other required forms.
- Maintain weekly online documentation of your four assigned childrens' developmental progress in ChildPlus as well as in Teaching Strategies Gold
- Assist the family and child, and other relevant staff in developing an Individual Family Services Plan (IFSP) or Individual Education Plan (IEP) for special needs children.
- Conduct two home visits annually per family as stated in the Federal Performance Standards.
- Maintain and document all contacts with parents. Develop and maintain a professional relationship with parents of children enrolled in program.
- Collaborate with other staff, parents, and community resources to incorporate Ojibwe language and culture into daily activities and curriculum.

- Work with county, tribal and community service providers in order to provide necessary services to the Early Head Start child and their parents.
- Must attend and participate in weekly EHS meetings and all staff meetings and any other meetings as requested and/or job related training as required.
- Notify supervisor in advance of any known absences you will have. Center based teachers are responsible for arranging for your own qualified substitute in your absence.
- Any program equipment, cameras, laptops, or any other supplies purchased or obtained by the EHS program must remain within the EHS classroom offices, and cannot be used outside of the Early Childhood Center unless you have prior express permission by the EHS Director to use outside of the center. Violations of this policy will result in disciplinary action.
- Adhere to all EHS policies and procedures and insure that Federal Performance Standards are being met.
- The above identified responsibilities are not intended to reflect all tasks necessary for the position. Perform other duties as directed.

QUALIFICATIONS/KNOWLEDGE/SKILLS:

Required:

- Minimum of associate degree in early childhood education *required* in early childhood associate degree program.
- Mandatory infant/toddler course needed prior to or immediate enrollment in correspondence class during probationary period
- Cultural sensitivity required.
- Ability to work effectively and cooperatively with staff, parents, community members, and other support systems in the best interest of the child is required.
- Must have valid driver's licenses, vehicle and insurance.

Preferred:

- Preference for BA or BS degree in early childhood education
- Knowledge of Ojibwe culture preferred

WORK ENVIRONMENT:

Primary work environment in a 0-3 year old Early Head Start (EHS) center-based classroom.

PERSONAL CONTACTS:

Collaboration with local, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff community.

PHYSICAL REQUIREMENTS:

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions as long as the staff disability does not create an undue risk of injury to any enrolled children in the classroom.

Must be physically able to work with young children and must be able to regularly lift and/or move up to forty pounds; twenty pounds overhead and forty pounds from waist to shoulder; occasional lifting of fifty pounds is required and must be able to push/pull up to fifty pounds horizontally.

Required to stand, walk, climb or balance, stoop, kneel, crouch or crawl when working with small children. Required to use hands to finger, handle or feel objects, keyboards, tools or controls, reach with hands and arms, speak and hear, and ability to operate keyboard (computer).

Also required are: five year health exam, initial TB test and annual TB questionnaire, immunizations including Hepatitis B (or sign waiver), and required trainings such as confidentiality, CPR, Shaken Baby Syndrome, Sudden

Infant Death (SIDS), etc.

TRAVEL REQUIREMENTS:

Must be able to attend local, regional, and national trainings as required.

POSTING DATE: April 30, 2015

DEADLINE: May 15, 2015 @ 4:00 p.m.

FOR FURTHER INFORMATION CONTACT:

**Human Resources
Red Cliff Tribe
88455 Pike Rd. Hwy 13
Bayfield, WI 54814
(715) 779-3700, Ext. 4267 or 4268
rwygolik@redcliff-nsn.gov
susie.gurnoe@redcliff-nsn.gov**

All Early Childhood Center (ECC) employees must submit mandatory criminal background check information to the Personnel Director with application, and every year thereafter, or following any conviction occurring after commencement of employment.

The Red Cliff Tribe has a Drug-Free Work Place Policy and follows the intent of the Drug-Free Work Place Act. All new employees will be tested prior to starting employment.

Tribal preference will be applied in the case of equally qualified applicants, but all applicants will be considered.

45 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.

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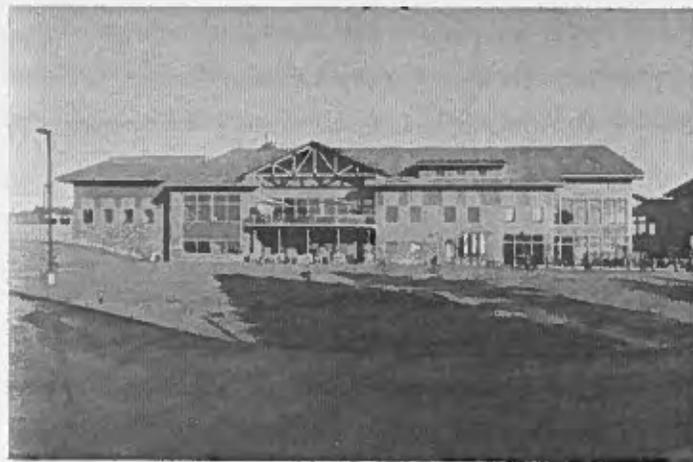


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Red Cliff, WI 54814
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🏠 > Employment



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Host/Hostess

Laundry Attendant

Marketing Director

Players Club Attendant

Security Officer

Surveillance Operator

Table Games Dealer

JOB APPLICATION

The Red Cliff Tribal Council has a drug free work place policy and adheres to the intent of the drug free work place act.

All new hires are subject to a drug test prior to starting.

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37600 Onigaming Drive Red Cliff, WI 54814

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MAY 2015

NITAM ANOKII-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITTOOSE	NIIYO-GIIZHIGAD	NAANO-GIIZHIGAD
4B OATMEAL, CINN MUFFINS, APPLES, YGT L CHILL, CORNBREAD, CARROT/DIP, FR COCKTAIL S NUTRA BAR/MILK	5B HBOATS, BERRIES, YGT, TOAST, JELLY L CHIX, RICE, PEAS, PEACHES, CC S CARROTS/DIP	6B KIX, BANANA, ENG. MUFFIN, CC, CR CHEEZ L TOMATO SOUP, PEARS, YGT, BR STICK, GR BEANS S PUDDING PARFAIT	7B RICE CHEX, STRBERR YGT, BAGEL, PB L SCALLOP/HAM, CORN, TROP FR, BUN S GRAHAM/PB	MENU SUBJECT TO CHANGE
11B SCR EGGS, TOAST, TRK BACON, OJ, LPizza, CC, PINEAPPLE, VEG/DIP S CRACKERS/CHEEZ	12B CHEERIOS, PEARS, CC, MUFFIN L HAMB SOUP, PBJ, PEA, APPLES, YGT S STRING CHZ/JUICE	13B INDIAN DAY ECC CLOSED	14B RICE KRISPIES, ORANGES, TOAST, PB L BEEF STR FY, VEG, FR COCKTAIL, CC S APPLESAUCE/ PRETZEL	MILK SERVED WITH ALL MEALS
18B FR TOAST STIX, BLUEBERRY, YGT L CHEEZ RAY, CORN, SALAD, PEACHES, CC S RICE CAKES/MILK	19B KIX, APPLES, YGT, TOAST, JELLY L KEILBASA, POTATO, PEAS, PINEAPPLE, S CHEXMIX/JUICE	20B CORNFLAKES, BANAN, YGT, ENG MUFFIN L CHIX HD, CORN, SALAD, MANOG, CC S SMOOTHY/CRACKER	21B CHEERIOS, ORANGES, BAGEL, CC L VEG SOUP, EGG SL, SAN, VEG/DIP S	
25 ECC CLOSED MEMORIAL DAY	26B PANCAKES, APPLE SAUCE, CC L TACO, SALAD, GR BEAN, MANGO, S PINEAPPLE/CC	27B KIX, STRBERRY, YGT, TOAST, JELLY L PORK CHOP, RICE, PEAS, TROP FR, S BANANA BOATS	28B HB OAT, BANANA, BAGEL, PB L CHIX SAND, FRY, BERRIES, CC S FISH CRACKER/JUICE	