

Improving Patient Care

The Red Cliff Community is invited to join the Improving Patient Care (IPC) team and Health Center staff in attending a virtual learning session for improving the quality of and access to care.

It is very important that during this process of incorporating patient centered care that we collaborate with those who the change affects, and that is you the community members. So please join us as we get information from our National team and various speakers on how to build effective relationships from community members to leadership and how to provide this new model of care. With these effective relationships and collaborations we can continue on our path of integrating health care that is truly about the patient with family and community as the support network.

Following is a list of sessions that would benefit community members the most. We would like you to attend as much of the sessions as possible and would love to have your input about how you want to be taken care of. Lunch will be provided each day and we will need an estimate of participants so please notify Elizabeth Marcoux at 715-779-3707 ext 227 if you are interested in attending. We thank you in advance for taking an active role in shaping your new healthcare system and look forward to collaborating with you.

Wednesday July 13, 2011 (At the Health Center)

11:00-12:15 pm Plenary: "It Takes a Nation"

*Examples of organizations and communities coming together to build this new system of care should be highlighted.

12:15-2:00 pm Team Meeting #1 & Lunch

*Developing plans with the community

2:15-3:15 pm or 4:00-5:00 pm Leadership engagement

*See the world from Health Center leadership eyes

Thursday July 14, 2011 (At the Health Center)

10:15-11:15 am Virtual Site Visit- Clinica Family Health Service

*See a health center that has the Patient Centered Medical Home system of care already in practice.

12:30-2:30 pm Team Meeting #4 & Lunch

*Continued development of plans with the community

2:30-3:30 pm A Framework for Applying the Five Fundamental Principles of Improvement

*Review of the five fundamental principles of improvement and will focus on knowing when and how to make the changes permanent within the organization.

RABIES CLINIC

DATE: Wednesday, July 20, 2011

TIME: 9:00 AM – 2:00 PM

LOCATION: Red Cliff Fire Hall

Your pet must be at least 3 months old to receive their first rabies shot. (6 – 9 weeks old for other vaccines)



For more information, contact Dick Reese at (715) 779 – 3707

FREE RABIES SHOTS for dogs and cats will be available. The Red Cliff Tribal Animal Control Ordinance requires that dogs must be vaccinated for rabies and licensed.

There will be other vaccines available as stated below. Pet owners will be responsible for the cost of these additional vaccinations & deworming.

** NOTE: follow-up /booster vaccine costs will be different than those listed here! **

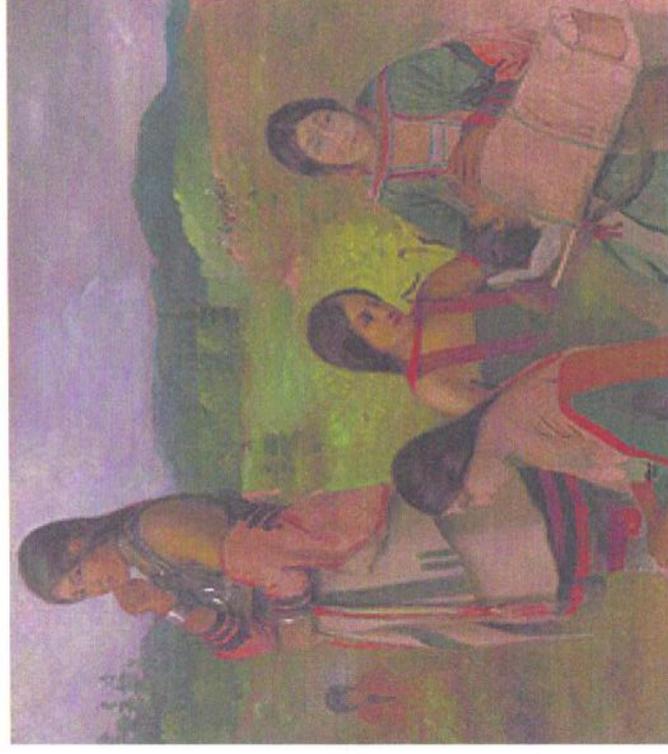
For Dogs:	Rabies (R)	FREE
	Distemper/Parvo (DHPPL ₄)	\$12.00
	Lyme disease (L)	
\$24.00		
	Bordetella (Kennel Cough) (B)	\$9.00
	Deworming (Pyrantel)	\$5.00
For Cats:	Rabies (R)	FREE
	Leukemia/4-way (RCCPL _v)	\$18.00
	Deworming (Pyrantel)	\$5.00

Nooni Circle

Breastfeeding Support Group

Pregnant women, nursing mamas, new mamas and partners all welcome.

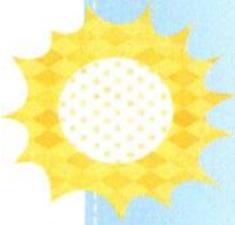
Eat, socialize, discuss breastfeeding and parenting.



Every other Thursday 10-noon

July 7: Breastfeeding in the community

July 21: What to expect the first few days post-partum
(and how to deal with it)



Making Healthy Choices Support Group

Thursday, July 7, 2011
10:00 am to 11:00 am
Red Cliff Health Center
Conference Room

TOPIC: How the Tobacco Industry
targets the Youth

Refreshments will be served



For more information contact: Janet Hillert at 715-779-3707 or janet.hillert@redcliff-nsn.gov
Sponsored by the Red Cliff Community Health Center

Making Healthy Choices Support Group

Topic: Heart Health &
Exercise



Speaker

Cyndi Belanger,
Cardiac Rehabilitation Nurse
Memorial Medical Center



Friday, July 22, 2011
10:00 am to 11:00 am
Red Cliff Health Center
Conference Room

Refreshments will be served

For more information contact
Janet Hillert 715-779-3707 or
janet.hillert@redcliff-nsn.gov

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Diabetic Support Group
Monday, July 11, 2011
6:00 pm
Elderly Apartment's by
the Elderly Nutrition site

PODIATRY CLINICS
FOR JULY

July 7th &
July 21st

Please call
Carolyn Maunu at
715-779-3707 ext 235
To make an
appointment.

Every 3rd Wednesday of the month
Rebecca Crumb-Johnson,
A registered Dietician from MMC
is here at the Clinic.
If you would like to make an
appointment to see her, please call
Carolyn Maunu at
715-779-3707 ext 235
To schedule an appointment.



WIC DAYS
July 6th
July 7th
July 15th



Clinic Days for
Erin Tenney, Nurse-Midwife
Mondays
8:00am to 3:30pm

Clinic Days for
Anna Carlson, Pediatric Nurse
Tuesdays
8:30am to 3:30pm

Decreasing ticks in your yard

Wisconsin ranks number 7 in the nation for incidence of Lyme disease, and the highest for the northeastern states. As anyone who has spent time outdoors this year can tell you wood ticks are a problem that is not improving: Lyme disease infection rates have tripled in the last 9 years. There are approximately 10 illnesses they can cause in humans, and there affects are also detrimental to our pets. There are things we can do to reduce tick bites and the diseases they carry.

Decreasing ticks in our yards is very important to reduce tick bites and illness. The following is a list you can do to make your yard a less favorable tick habitat.

CREATING A TICK SAFE ZONE

1. Clear debris from your yard, ticks like garbage, mattresses, etc.
2. Keep grass mowed.
3. Remove leaf litter, brush, and weeds at the edge of the lawn.
4. Restrict the use of groundcover in areas frequented by family and roaming pets.
5. Discourage rodent activity. Cleanup and seal stone walls and small openings around the home.
6. Move firewood piles and birdfeeders away from the home.
7. Manage pet activity; keep dogs and cats out of the woods to reduce ticks from being brought back home.
8. Use plantings that do not attract deer or exclude deer through various types of fencing.
9. Move children's swing sets and sand boxes away from the woodland edge and place them on a wood chip or mulch like foundation.
10. Trim tree branches and shrubs around the lawn edge to bring in more sunlight.
11. Adopt hardscape and xeriscape (less water demanding) landscaping techniques with gravel pathways and mulches. Create a 3-foot or wider wood chip, mulch, or gravel border between lawn and woods or stone walls.
12. Consider areas with decking, tile, gravel, and border or container plantings in areas by the house or frequently traveled.
13. Widen woodland trails.
14. Consider host products to kill ticks on deer or rodent hosts.
15. Consider pesticide application as a targeted barrier treatment.

Host Management

There is also a lot you can do to manage host reduction surrounding your home, whitetail deer generally bring the ticks to right to us. **Keeping deer away from your property can reduce the amount of ticks by 80%.**

Small mammals and birds also have a big impact on the infected ticks that may be surrounding your house. White-footed mice are the most common infector of ticks; a single white footed mouse can infect as many ticks as 12 chipmunks or 21 voles. *White-footed mice are also the principal animal that carries the pathogen that causes Lyme disease, human anaplasmosis, and human babesiosis.*

Birds are also common hosts for Lyme disease, some common bird species are capable of infecting ticks with Lyme disease, those species are; American robin, veery, grackle, common yellowthroat, Carolina wren, and house wren. Bird feeders in landscaped areas like mowed lawns did not show to be a risk factor in Lyme transmission, probably due to the unfavorable habitat.

Reduction of small mammal abundance should focus mainly on reducing mouse habitat near homes and encouraging predators like foxes, snakes, hawks, owls, and weasels.

Area wide chemical control of ticks

Insecticides are the most effective way to reduce ticks, particularly when combined with landscaping changes.

1. Applications can be made by the homeowner or by a commercial applicator.
2. Spray once in the late spring or early summer for control of deer tick nymphs. For wood ticks an application can be made any time after the adults emerge in the spring.
3. A single application of most ornamental-turf insecticides will provide 85-90% or better control with residual activity so multiple applications are no necessary.
4. Treat tick habitat only.
5. Use a product specifically labeled for treating ticks.

Insecticides need to be used cautiously, there are many different types and ways to apply them, please use resources available to follow safety standards.

Sources of information regarding pesticides:

Environmental Protection Agency Public Information Center (telephone 202-260-2080 or the EPA website www.epa.gov)

Much of this information can be found in the following handbook.

Tick Management Handbook is available on electronic format at www.caes.state.ct.us

Thanks for reading, Stefanie Cadotte RN Public Health Nurse

Red Cliff Community Health Center

88455 Pike Road
Bayfield, WI 54814

Phone: 715-779-3707
Fax: 715-779-3777

We're on the Web!
www.red-cliff-health.com

NEW EMPLOYEE AT THE CLINIC

My name is Jenelle and I am the new Nurse Quality Manager working at the Red Cliff Community Health Center. My job is to lead organizational quality improvement efforts. I am part of the IPC team and am really enjoying this new position. Prior to coming to the Health Center I worked at Regional Hospice first as a Home Health Aide, while going to nursing school at WITC-Ashland. After graduation I worked at Court Manor Nursing Home to gain experience then went back to Regional Hospice and worked as RN-Clinical Coordinator for over five years. I was honored to help care for terminally ill patients and their families in their time of need.

I grew up and still live in Ashland with my husband (Keith) and two girls (Aliyah-10 and Brooklyn-5). I enjoy spending time with them, and my large extended family. I also enjoy kayaking, running, skiing, and biking.

I am excited and ready to dive into this position! Thank you all for welcoming me.

Health Center Business Hours

Clinic: Mon - Fri 8:00am to 4:30pm

(715)779-3707

Pharmacy: Mon - Fri 9:00am to 12:00pm & 1:00pm to 4:00pm

(715)779-3157

Optical: Mondays & Wednesdays - 1:00pm to 4:00pm

(715)779-3707

Dental: Mon - Fri 8:00am to 4:30pm

(715)779-3707 (call for an appointment)